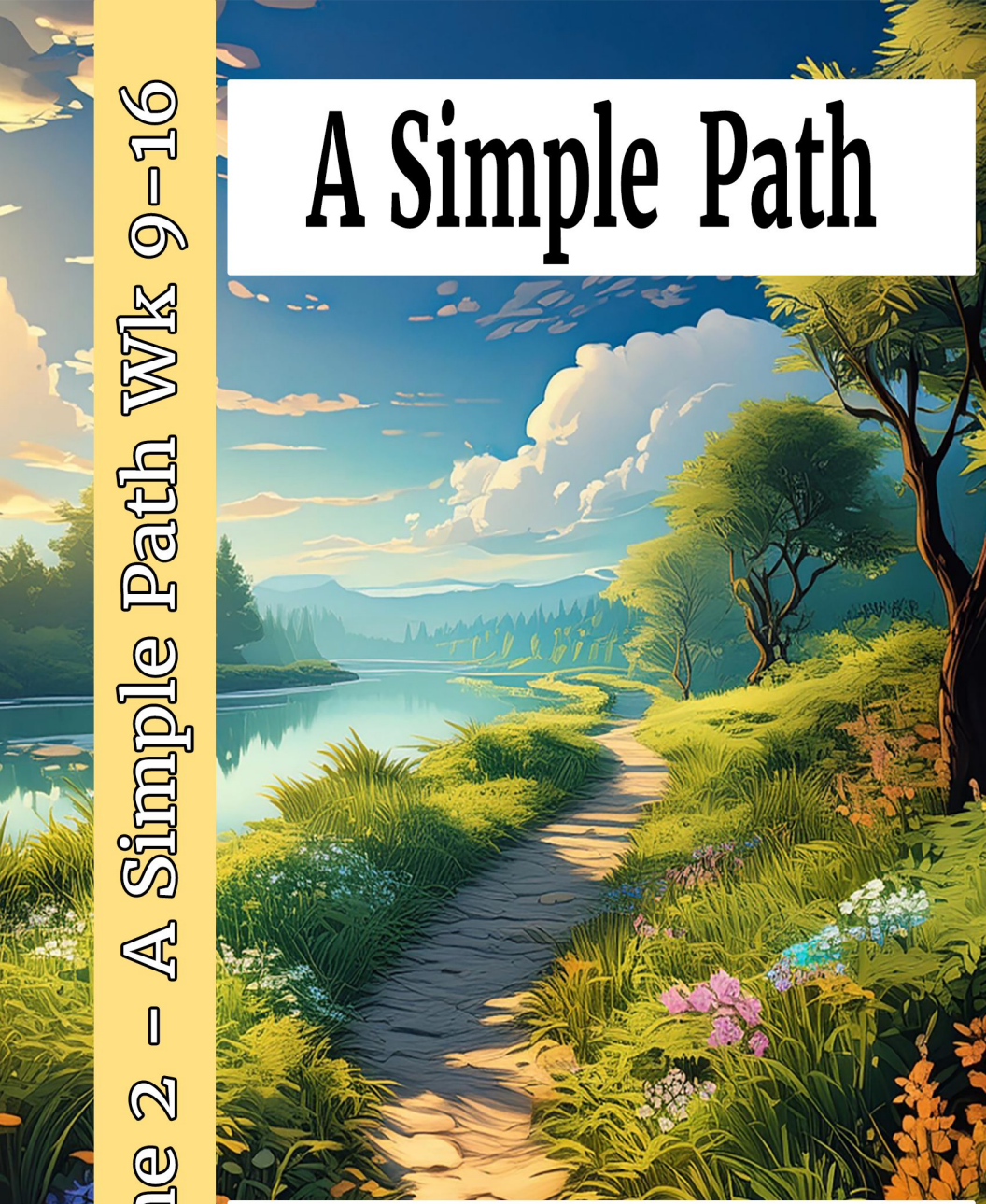
Volume 2 – A Simple Path Wk 9–16

A Simple Path



Fellowshipping Daily With the Lord

Lesson plans included in the appendix
Updated 24 Sept. 2026

A Simple Path Volume 2

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About “A Simple Path”

Fellowshipping Daily With the Lord

“A Simple Path” is a devotional journal series by Patrick Wright of Loudon, Tennessee. It was written for one purpose: to help believers build the habit of meeting with God every day. Many Christians want a daily quiet time but struggle to set aside the time, or turn to God only when a crisis demands it. This series offers a simple, dependable pattern: a verse, a short reflection, a prayer, and a few lines to write down what God is saying. It is meant to become part of each morning.

The series has five volumes covering forty weeks, eight weeks per volume. Each booklet is a small journal, meant to be written in, carried along, and kept.

How the Journal Works

Every day’s devotion is built around the Seven Aspects of a Disciple of Christ:

- Praise and Worship
- Discipleship
- Humility
- Acknowledgment
- Acceptance
- Obedience
- Identification — recognizing the needs of others and looking for ways to serve them

Each week walks through all seven, one aspect per day, so the reader practices the full life of a disciple rather than a single theme.

A typical day is one page. It begins with the day’s aspect and a Scripture passage set apart in its own box. A brief devotional reflection follows, kept short on purpose so the reader’s attention stays on God’s Word rather than the author’s

comments. The page ends with room to write any reaction, insight, or personal message from God, and space to offer a short prayer. Each week opens with a Praise verse to turn the reader's focus from self to God. It closes with a "Week Completed" page of honest reflection questions that ask, in effect: did I truly meet with Him this week, or just go through the motions?

More Than a Devotional

Each volume opens with helps that make it useful for new believers and seasoned disciples alike:

- **A Daily Quiet Time** — the author's own reflection on how he begins each morning with God, with practical steps for getting started.
- **Praise Verses to Get You Started** — a collection of praise passages from both Testaments.
- **The Way of Salvation** — a clear, Scripture-based explanation of the gospel with a prayer of faith.
- **My Salvation Testimony** and **Your Salvation Testimony** — the author's story, and a guided page for readers to write theirs.
- **Personal Discipleship Survey** — an honest self-assessment of growth in God's Word, love for God, love for others, and making disciples.

For Groups

Every volume includes a Leader's Guide with a welcome for group leaders, a quick reference to the Seven Aspects, and a lesson plan for each week. Each session has a theme and goal, an opening question, a time of worship, a day-by-day discussion of the week's devotions, and a closing prayer. The Volume 1 guide ends with "Where to Go Next," which helps a group look back on its eight weeks and decide how to continue. That makes the series well suited to Sunday school classes, small groups, and one-on-one discipleship.

The Path Through the Volumes

Volume 1 (Weeks 1–8) lays the foundation:

- **Walk Humbly** — each day begins by humbling ourselves before God rather than managing our own day.
- **Led by the Spirit** — moving from following the Seven Aspects in our own strength to depending on the Holy Spirit.
- **Walking in Wisdom** — telling God's wisdom from the world's, and finding His power in our weakness.
- **Seeking God's Face** — seeking Him even in seasons when He feels distant or silent.
- **Cheerful Service** — moving from service out of duty to service from the heart.
- **Renewed Strength** — waiting on God in times of weariness and spiritual plateaus.
- **Things Above** — fixing our minds on Christ against the pull of spiritual drift.
- **Full Circle** — returning to the gospel itself, where it all began.

Volume 2 (Weeks 9–16) walks through those same eight themes a second time with new Scripture passages, deepening what was begun and building the rhythm into a lasting habit.

Volume 3 (Weeks 17–24) — trust and obedience, worship in spirit and truth, God's sovereign hand, the Holy Spirit's greater works, the peace that surpasses understanding, contentment, and being chosen and called.

Volume 4 (Weeks 25–32) — the foundation of faith, God's power in our weakness, finishing strong, discipling one's family, and deepening devotion through gratitude.

Volume 5 (Weeks 33–40) — the Father's loving discipline, God's nearness to all who call on Him, rejoicing through trials, the living and active Word, and committing one's ways to the Lord's wisdom.

Who It’s For

“A Simple Path” is for anyone who wants to grow closer to Jesus Christ through daily time in His Word. It suits new Christians learning to walk with God, longtime believers seeking a fresh rhythm, and leaders looking for a ready-made discipleship tool. Its promise is simple: faithful time with God each day produces a heart that wants to follow Jesus more — and that desire is the Holy Spirit at work.

A Daily Quiet Time

When I get up each morning, I head straight to the recliner where I keep the journal I will use and a Bible — normally I use a Bible app — but my mind is usually buzzing with thoughts of the day ahead, or leftover thoughts from yesterday, and I am not yet focused on my Father in heaven. An explanation of how to have a daily quiet time follows, and this journal even has sample verses you can use. What I want to double down on is the importance of getting yourself out of the quiet time, at least at the start — and the only way to do that is to focus on our Heavenly Father through praise. Sometimes I begin by listening to praise songs, but 99 percent of the time I read and reflect on praise verses—there are plenty of sources for these online. I don't normally write anything down at that point. To help you get into the habit, I am including a list of praise verses below. Begin by focusing on these praise verses, reading as many as you need until you have allowed our Father to remove self from you and you are focusing on Him.

A quiet time is simply this: a set-apart time, every day, to be alone with God — to listen for His voice in Scripture, to speak honestly with Him in prayer, and to let Him shape how you meet the day ahead. Even Jesus, in the middle of a demanding ministry, made this a priority.

> *"Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where he prayed."*
>
> ***Mark 1:35***

If He needed that rhythm, so do we. A daily walk with God

does not happen automatically — it grows in the quiet, unhurried minutes we choose to give Him before the day takes over.

Getting started is simple: pick a quiet place, and keep your Bible, this study, and a journal within reach so you can write down what God shows you.

When His disciples asked Jesus to teach them to pray, He gave them a pattern that still works for opening a quiet time—praise, surrender to His will, daily dependence, confession, and protection from temptation (Matthew 6:9–13).

A quiet time can follow this simple pattern:

1. Praise — open by speaking about who God is, turning back to Him, using a scripture verse.
2. Confess — ask God to reveal anything blocking your fellowship with Him and ask forgiveness.
3. Read — open His Word and read a passage slowly.
4. Reflect and note — dwell on what you read and write down what God shows you.
5. Pray — thank Him for what He is doing and ask for His guidance.
6. Share — before the day is done, share what God showed you with someone else.

That last step matters more than it might seem. The goal is not just to be discipled, but to become a disciple who disciples — investing in others who will, in turn, invest in someone else.

It does not need to be long or complicated. A Simple Path stays simple on purpose, so the habit is one you can keep — the same time, the same quiet place, the same open Bible, day after day, until it becomes as natural as breathing. What matters is not how long you stay, but that you show up and keep showing up.

Praise Verses to Get You Started

Combined list of scripture references on praise, gathered for further study, so you do not have to look them up (NASB unless noted):

Old Testament

Job 26:7

He stretches out the north over empty space and hangs the earth on nothing.

2 Samuel 22:26-27

With the faithful, You prove Yourself faithful; with the blameless, You prove Yourself blameless; with the pure, You prove Yourself pure, but with the crooked, You prove Yourself shrewd.

1 Chronicles 16:36

Blessed be the LORD, the God of Israel, From everlasting even to everlasting. Then all the people said, "Amen," and praised the LORD.

1 Chronicles 29:11-13

Yours, O LORD, is the greatness and the power and the glory and the victory and the majesty, indeed everything that is in the heavens and the earth; Yours is the dominion, O LORD, and You exalt Yourself as head over all. Both riches and honor come from You, and You rule over all, and in Your hand is power and might; and it lies in Your hand to make great and to strengthen everyone. Now therefore, our God, we thank You, and praise Your glorious name.

Psalm 7:17

I will give thanks to the LORD according to His righteousness And will sing praise to the name of the LORD Most High.

Psalm 9:1

I will give thanks to the LORD with all my heart; I will tell of all Your wonders.

Psalm 21:13

Be exalted, O LORD, in Your strength; We will sing and praise Your power.

Psalm 22:26

The afflicted will eat and be satisfied; Those who seek Him will praise the LORD. Let your heart live forever!

Psalm 28:6-7
Blessed be the LORD, Because He has heard the voice of my supplication. The LORD is my strength and my shield; My heart trusts in Him, and I am helped; Therefore my heart exults, And with my song I shall thank Him.

Psalm 30:11-12
You have turned for me my mourning into dancing; You have loosed my sackcloth and girded me with gladness, That my soul may sing praise to You and not be silent. O LORD my God, I will give thanks to You forever.

Psalm 31:7
I will rejoice and be glad in Your lovingkindness, Because You have seen my affliction; You have known the troubles of my soul,

Psalm 33:1-5
Sing for joy in the LORD, O you righteous ones; Praise is becoming to the upright. Give thanks to the LORD with the lyre; Sing praises to Him with a harp of ten strings. Sing to Him a new song; Play skillfully with a shout of joy. For the word of the LORD is upright, And all His work is done in faithfulness. He loves righteousness and justice; The earth is full of the lovingkindness of the LORD.

Psalm 34:1-2
I will bless the Lord at all times; His praise shall continually be in my mouth. My soul will make its boast in the Lord; The humble will hear it and rejoice.

Psalm 73:26
My flesh and my heart may fail, But God is the strength of my heart and my portion forever.

Psalm 86:12
I will give thanks to You, Lord my God, with all my heart, and will glorify Your name forever.

Psalm 89:6
For who in the skies is comparable to the LORD? Who among the sons of the mighty is like the LORD,

Psalm 92:1
It is good to give thanks to the LORD And to sing praises to Your name, O Most High;

Psalm 95:3
For the Lord is a great God, and a great King above all gods. Oh come, let us worship and bow down; let us kneel before the Lord, our Maker. For He is our God, and we are the people of His pasture, and the sheep of His hand.

Psalm 95:6-8a
Come, let us worship and bow down, let us kneel before the LORD our Maker. For He is our God, and we are the people of His pasture and the sheep of His hand

Psalm 100:1-2
Shout joyfully to the Lord, all the earth. Serve the Lord with jubilation; Come

Psalm 100:3-5
Know that the LORD Himself is God; It is He who has made us, and not we ourselves; We are His people and the sheep of His pasture. Enter His gates with thanksgiving And His courts with praise. Give thanks to Him, bless His name. For the LORD is good; His lovingkindness is everlasting And His faithfulness to all generations.

Psalm 101:1
I will sing of lovingkindness and justice, To You, O LORD, I will sing praises.

Psalm 103:2
Bless the Lord, O my soul, and forget none of His benefits.

Psalm 105:1-2
Oh give thanks to the LORD, call upon His name; Make known His deeds among the peoples. Sing to Him, sing praises to Him; Speak of all His wonders.

Psalm 107:8, 15, 21, 31
Let them give thanks to the LORD for His lovingkindness, And for His wonders to the sons of men!

Psalm 109:30
With my mouth I will give thanks abundantly to the LORD; And in the midst of many I will praise Him.

Psalm 111:1
Praise the LORD! I will give thanks to the LORD with all my heart, In the company of the upright and in the assembly.

Psalm 115:18
But as for us, we will bless the LORD From this time forth and forever. Praise the LORD!

Psalm 117:1
Praise the LORD, all nations; Laud Him, all peoples!

Psalm 118:19, 28-29
Open to me the gates of righteousness; I shall enter through them, I shall give thanks to the LORD... You are my God, and I give thanks to You; You are my God, I extol You. Give thanks to the LORD, for He is good; For His lovingkindness is everlasting.

Psalm 118:24
This is the day which the Lord has made; Let us rejoice and be glad in it.

Psalm 135:3
Praise the LORD, for the LORD is good; Sing praises to His name, for it is lovely.

Psalm 143:8
Cause me to hear Your loving kindness in the morning, for in You do I trust; cause me to know the way in which I should walk, for I lift up my soul to You.

Psalm 145:1-2
I will exalt You, my God, the King, And I will bless Your name forever and ever. Every day I will bless You, And I will praise Your name forever and ever.

Psalm 145:8
The Lord is gracious and merciful; slow to anger and great in lovingkindness.

Psalm 145:16-18
You open Your hand and satisfy the desire of every living thing. The Lord is righteous in all His ways and kind in all His deeds. The Lord is near to all who call upon Him, to all who call upon Him in truth.

Psalm 146:1-2
Praise the LORD! Praise the LORD, O my soul! I will praise the LORD while I live; I will sing praises to my God while I have my being.

Psalm 147:12
Praise the LORD, O Jerusalem! Praise your God, O Zion!

Psalm 150:1-2
Praise the Lord! Praise God in His sanctuary; Praise Him in His mighty expanse. Praise Him for His mighty deeds; Praise Him according to His excellent greatness.

Proverbs 3:5-6
Trust in the Lord with all your heart and do not lean on your own understanding. In all your ways acknowledge Him, and He will make your paths straight.

Isaiah 45:12
I am the one who made the earth and created mankind upon it. My own hands stretched out the heavens; I marshaled their starry hosts.

Isaiah 45:18
For thus says the Lord, who created the heavens (He is the God who formed the earth and made it, He established it and did not create it a waste place, but formed it to be inhabited), 'I am the Lord, and there is none else.'

Isaiah 46:9-10
Remember the former things long past, For I am God, and there is no other; I am God, and there is no one like Me, Declaring the end from the beginning, And from ancient times things which have not been done, Saying, 'My purpose will be established, And I will accomplish all My good pleasure.'

Jeremiah 17:14
Heal me, O LORD, and I will be healed; Save me and I will be saved, For You are my praise.

Zephaniah 3:14
Shout for joy, O daughter of Zion! Shout in triumph, O Israel! Rejoice and exult with all your heart, O daughter of Jerusalem!

New Testament

Luke 2:20
The shepherds went back, glorifying and praising God for all that they had heard and seen, just as had been told them.

John 17:3
Now this is eternal life: that they know you, the only true God, and Jesus Christ, whom you have sent.

Romans 15:11
And again, "Praise the Lord all you Gentiles, And let all the peoples praise Him."

2 Corinthians 1:3-4
Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and God of all comfort, who comforts us in all our affliction so that we will be able to comfort those who are in any affliction with the comfort with which we ourselves are comforted by God.

Colossians 3:17
Whatever you do in word or deed, do everything in the name of the Lord Jesus, giving thanks through Him to God the Father.

Philippians 4:4
Rejoice in the Lord always; again I will say, rejoice!

1 Thessalonians 5:16
Rejoice always;

Hebrews 4:12
For the word of God is living and active and sharper than any two-edged sword, piercing as far as the division of soul and spirit, of both joints and marrow, and able to judge the thoughts and intentions of the heart.

Hebrews 13:15
Through Him then, let us continually offer up a sacrifice of praise to God, that is, the fruit of lips that give thanks to His name.

1 Peter 1:8
and though you have not seen Him, you love Him, and though you do not see Him now, but believe in Him, you greatly rejoice with joy inexpressible and full of glory,

Revelation 15:4
Who will not fear, O Lord, and glorify Your name? For You alone are holy; For ALL THE NATIONS WILL COME AND WORSHIP BEFORE YOU, For Your righteous acts have been revealed.

THE WAY OF SALVATION

A Simple, Bible-Based Guide to Knowing Christ

Lesson plans for teaching are included.

> *"For by grace you have been saved through faith; and that not of yourselves, it is the gift of God; not as a result of works, so that no one may boast."*
>
> **Ephesians 2:8–9**

A Simple Guide to What the Bible Teaches About Salvation

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An Important Question

Every person eventually faces the most important question: “What must I do to be saved?” It is the same question a jailer once asked the apostle Paul in the middle of the night (Acts 16:30). This booklet walks through what the Bible teaches about that question — simply, and in Scripture’s own words.

Nothing here depends on your background, your family, your church attendance, or your good works. It depends entirely on what God has already done, and what He invites you to do in response.

1. Everyone Needs to Be Saved

The Bible teaches that every person, without exception, has sinned against God and fallen short of His perfect standard.

> *“For all have sinned and fall short of the glory of God.”*
>
> **Romans 3:23**

Sin is not just “breaking rules.” It is choosing our own way over God’s way — and it separates us from Him.

> *“But your iniquities have made a separation between you and your God, and your sins have hidden His face from you so that He does not hear.”*
>
> **Isaiah 59:2**

Left on our own, the consequence of sin is spiritual death — eternal separation from God.

> *“For the wages of sin is death, but the free gift of God is eternal life in Christ Jesus our Lord.”*
>
> **Romans 6:23**

No amount of good behavior can undo this. Trying to earn our way back to God through good works is like trying to pay off an infinite debt — it simply cannot be done by human effort.

2. God Loves You and Makes a Way

As hopeless as our situation is on our own, God did not leave us there. Because of His great love, He made a way for us to be forgiven and reconciled to Him.

> *"For God so loved the world, that He gave His only Son, that whoever believes in Him shall not perish, but have eternal life."*
>
> **John 3:16**

God's Son, Jesus Christ, lived a sinless life and then willingly died on the cross, taking the punishment that our sin deserved. Three days later, He rose from the dead — proving His victory over sin and death.

> *"But God demonstrates His own love toward us, in that while we were yet sinners, Christ died for us."*
>
> **Romans 5:8**

> *"He Himself bore our sins in His body on the cross, so that we might die to sin and live to righteousness; for by His wounds you were healed."*
>
> **1 Peter 2:24**

Jesus Christ is the only way of salvation — not one option among many.

> *"Jesus said to him, 'I am the way, and the truth, and the life; no one comes to the Father but through Me.'"*
>
> **John 14:6**

> *"And there is salvation in no one else; for there is no other name under heaven that has been given among men by which we must be saved."*
>
> **Acts 4:12**

3. Salvation Is a Gift, Not a Reward

Because Jesus already paid the full price, salvation cannot be earned. We receive it as a gift, by grace, through faith alone.

"For by grace you have been saved through faith; and that not of yourselves, it is the gift of God; not as a result of works, so that no one may boast."

Ephesians 2:8–9

"He saved us, not on the basis of deeds which we have done in righteousness, but according to His mercy."

Titus 3:5

This is central to what the Bible teaches: salvation is God's work from beginning to end. Church membership, baptism, and good works are important responses to salvation — but none of them save you. Only Christ saves.

4. How to Respond: Repent and Believe

God offers this gift freely, but you must receive it. The Bible describes two sides of the same response: turning away from sin (repentance) and trusting in Christ (faith).

"Therefore repent and return, so that your sins may be wiped away, in order that times of refreshing may come from the presence of the Lord."

Acts 3:19

"That if you confess with your mouth Jesus as Lord, and believe in your heart that God raised Him from the dead, you will be saved; for with the heart a person believes, resulting in righteousness, and with the mouth he confesses, resulting in salvation."

Romans 10:9–10

"For 'Whoever will call on the name of the Lord will be saved.'"

Romans 10:13

Repentance is not merely feeling sorry — it is a genuine change of direction, turning from sin toward God. Faith is not merely believing facts about Jesus — it is personally trusting Him, and Him alone, to save you.

5. A Prayer of Faith

There is no magic formula or specific wording required to be saved — salvation happens the moment a person genuinely turns from sin and trusts Christ. But putting that decision into words can help make it real and personal. If this is your desire, you might pray something like this:

> *"Lord Jesus, I know that I am a sinner, and I cannot save myself. I believe You died on the cross for my sins and rose again from the dead. Right now, I turn from my sin and place my trust in You alone as my Lord and Savior. Thank You for the gift of eternal life. Amen."*

If you prayed that prayer and meant it with your heart, the Bible says you have been saved — not because of the words themselves, but because of the genuine faith and repentance behind them.

6. You Can Know You Are Saved

Once you have trusted Christ, God does not want you to wonder whether it "worked." The Bible teaches that believers can have confident assurance of their salvation.

> *"And the testimony is this, that God has given us eternal life, and this life is in His Son. He who has the Son has the life; he who does not have the Son of God does not have the life. These things I have written to you who believe in the name of the Son of God, so that you may know that you have eternal life."*
>
> **1 John 5:11–13**

This assurance rests on the character and promises of God, not on our feelings or performance. Scripture teaches that those who are truly saved are kept secure by God's power — often called the "perseverance of the saints" or "eternal security."

> *"I give eternal life to them, and they will never perish; and no one will snatch them out of My hand. My Father, who has given them to Me, is greater than all; and no one is able to snatch them out of*

the Father's hand."

John 10:28–29

"You were sealed in Him with the Holy Spirit of promise, who is given as a pledge of our inheritance, with a view to the redemption of God's own possession, to the praise of His glory."

Ephesians 1:13–14

A life that is truly changed by Christ will, over time, show the fruit of that change — not to earn salvation, but as evidence of it (James 2:17–18). If you are trusting Christ, rest in His promise, not in your own performance.

7. What Comes Next: Baptism

Baptism does not save you — only faith in Christ does that. But it is the first step of obedience the Bible calls every believer to take: full immersion in water, for those old enough to profess personal faith (sometimes called "believer's baptism").

"Go therefore and make disciples of all the nations, baptizing them in the name of the Father and the Son and the Holy Spirit."

Matthew 28:19

"So then, those who had received his word were baptized; and that day there were added about three thousand souls."

Acts 2:41

Being immersed in water and raised back up pictures the truth of the gospel itself — Christ's death, burial, and resurrection, and our own death to the old life and new life in Him.

"Do you not know that all of us who have been baptized into Christ Jesus have been baptized into His death? Therefore we have been buried with Him through baptism into death, so that as Christ was raised from the dead through the glory of the Father, so we too might walk in newness of life."

Romans 6:3–4

If you have trusted Christ and have not yet been baptized, talk with a pastor at a local, Bible-believing church about being baptized as your public declaration of faith.

8. Join a Local Church

God's plan for every believer includes belonging to a local church — a gathered community of baptized believers who worship together, study God's Word, encourage one another, and carry out the Great Commission together.

> *"Let us consider how to stimulate one another to love and good deeds, not forsaking our own assembling together, as is the habit of some, but encouraging one another; and all the more as you see the day drawing near."*
>
> **Hebrews 10:24–25**

Scripture affirms what is often called the "priesthood of the believer" — every Christian has direct access to God through Christ and a personal responsibility to know and live out God's Word, within the accountability and encouragement of a local church family.

> *"But you are A CHOSEN RACE, A royal PRIESTHOOD, A HOLY NATION, A PEOPLE FOR God's OWN POSSESSION, so that you may proclaim the excellencies of Him who has called you out of darkness into His marvelous light."*
>
> **1 Peter 2:9**

9. Growing in Your New Life

Coming to faith in Christ is the beginning, not the end. The Bible calls every believer to grow — becoming more like Jesus over a lifetime.

> *"But grow in the grace and knowledge of our Lord and Savior Jesus Christ."*
>
> **2 Peter 3:18**

A few simple habits help that growth take root:

- Read God's Word daily — start with the Gospel of John.

• Talk to God in prayer — praise, confession, thanksgiving, and requests.

• Get baptized and join a Bible-believing local church.

• Gather regularly with other believers for worship and encouragement.

• Tell others what Christ has done for you.

"And He said to them, 'Follow Me, and I will make you fishers of men.'"

Matthew 4:19

If You Have Trusted Christ Today

If, through this booklet, you have turned from your sin and placed your trust in Jesus Christ, you have been born again into God's family (John 1:12–13). We encourage you to tell a pastor, a Christian friend, or someone at a local church about your decision, and to take the next step of being baptized.

Welcome to the family of God.

"Therefore if anyone is in Christ, he is a new creature; the old things passed away; behold, new things have come."

2 Corinthians 5:17

THE WAY OF SALVATION

A Single-Session Gospel Lesson

"That if you confess with your mouth Jesus as Lord, and believe in your heart that God raised Him from the dead, you will be saved."
Romans 10:9–10

Duration	45–60 minutes
Learning Objective	Participants will understand, in Scripture's own words, why every person needs salvation, what God has done to provide it, and how to respond in genuine repentance and faith — with a clear opportunity to do so during the session.
Materials Needed	Bibles, one copy of "The Way of Salvation" booklet per person, pens, and a quiet space for anyone who wishes to pray privately with a leader afterward.

Lesson Flow

Time	Segment	Leader Notes
5 min	**Opening**	Welcome, opening prayer. Ask: "If you died tonight and stood before God, and He asked why He should let you into heaven, what would you say?" Let a few people answer if comfortable — no correcting yet, just listening.
10 min	**The Problem**	Walk through booklet sections 1–2 (pp.2–3): all have sinned, sin separates us from God, and the wages of sin is death — but God loves us and made a way through Christ.

Time	Segment	Leader Notes
10 min	**The Gift**	Walk through section 3 (p.3): salvation is by grace through faith, not works. Emphasize Ephesians 2:8–9 — it cannot be earned.
10 min	**Respond**	Walk through section 4 (p.4): repentance and faith. Read the sample prayer in section 5 (p.5) together. Give a quiet moment for anyone who wants to pray it personally and offer to pray with anyone one-on-one afterward.
10 min	**Assurance & Next Steps**	Cover sections 6–9 (pp.5–7): assurance of salvation, baptism, the local church, and growing in faith.
5 min	**Closing**	Answer any questions, pray for the group, and point people to the discussion questions below for follow-up.

Key Teaching Points

Everyone needs to be saved.

- Romans 3:23 — all have sinned and fall short of God's glory.
- Romans 6:23 — the wage of sin is death, but eternal life is a free gift.

God loves you and makes a way.

- John 3:16 — God gave His Son so that whoever believes will not perish.
- Romans 5:8 — Christ died for us while we were still sinners.
- John 14:6 — Jesus is the only way to the Father.

Salvation is a gift, not earned.

- Ephesians 2:8–9 — by grace through faith, not of works, so no one may boast.

Respond with repentance and faith.

- Acts 3:19 — repent and turn, so your sins may be wiped away.
- Romans 10:9–10 — confess with your mouth, believe in your heart.

Assurance is possible.

- 1 John 5:11–13 — you may know that you have eternal life.

- John 10:28–29 — no one can snatch a believer out of God's hand.

What follows salvation.

- Baptism by immersion as a public declaration of faith (not a means of salvation).
- Joining a local church for worship, encouragement, and growth.
- Daily habits: Scripture reading, prayer, fellowship, and sharing your story with others.

Leading Someone in the Prayer of Faith

If someone indicates they want to trust Christ during or after the session, keep it simple and unhurried:

- Ask them to describe, in their own words, what they believe about their sin and about Jesus — don't assume; let them tell you.
- Remind them there is no special wording required — what matters is genuine repentance and trust, not the words themselves.
- Offer the sample prayer in the booklet (p.5) as one way to put that decision into words, either silently or aloud, in their own words.
- Afterward, ask what they just did in their own words, to confirm understanding rather than a rote repetition.
- Point them immediately to section 6 on p.5 (assurance) so they leave confident, not just "hoping it worked."

Discussion Questions

- Before this session, how would you have answered the question 'What must I do to be saved?' How would you answer it now?
- Why does it matter that salvation is a gift rather than something earned? What difference does that make in how you relate to God?
- What is one step — baptism, joining a church, telling someone your story — that you sense God is calling you to take this week?

Follow-Up for Participants

- Re-read "The Way of Salvation" on your own this week and underline anything that stood out.

- If you trusted Christ today, tell one other person — a friend, family member, or the leader — this week.
- If you haven't been baptized since coming to faith, talk to a pastor about scheduling it.
- Begin reading the Gospel of John, a chapter at a time, as your first step into regular Scripture reading.

"Therefore if anyone is in Christ, he is a new creature; the old things passed away; behold, new things have come."

2 Corinthians 5:17

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Preface to “A Simple Path”

Volume 2 · Weeks 9–16

> *“Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light.”*
>
> ***Matthew 11:28-30***

Volume 2 of “A Simple Path” picks up where the first volume left off, with eight more weeks of daily devotions — Weeks 9 through 16 — built on the Seven Aspects of a Disciple of Christ. You may be a seasoned Disciple of Christ or a new Christian — perhaps you struggle to set aside time each morning to fellowship with God Almighty, or maybe you wait until a crisis demands you cry out to Jesus.

“A Simple Path” is just that — simple verses that can be read prayerfully, through which God can speak to you. Begin the day in fellowship with our heavenly Father, praying and reading His word. This will help you focus on Him, not on yourself. As a result of this daily “Quiet Time,” you will be given a heart that wants to follow Jesus with a stronger desire. That desire will be the Holy Spirit working in you.

This volume begins by learning to walk humbly with God and to be led by His Spirit. From there we walk in wisdom, seek His face, and discover the joy of cheerful service.

The later weeks bring renewed strength for weary days, set our minds on things above, and bring us full circle to a simple trust in the Lord. Each week begins with a Praise verse and ends with questions to help you share what God taught you.

Lesson plans for small-group leaders are included at the back of this booklet. I challenge you to make these devotions part of your quiet time over the next eight weeks and see what God does.

— Patrick Wright
Loudon, Tennessee
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How to Use This Study

The Seven Aspects of a Disciple of Christ

- 1. Praise and Worship — You speak, sing, declare, and proclaim who God is and His power.
- 2. Discipleship — Jesus Christ is your Lord and Savior, and you are learning to follow Him and disciple others.
- 3. Humility — You are surrendered, submitting to the will of God.
- 4. Acknowledgment — Be aware of the situation that God is presenting for your service.
- 5. Acceptance — God is calling, and you have accepted His call. You care for people.
- 6. Obedience — You are voluntarily following Christ in a ministry of reconciliation.
- 7. Identification — Recognizing the inner needs of others and looking for ways to serve them.

Use the seven aspects daily, starting when we get up. In our quiet time, we begin with praise and worship, using a scripture verse. We humble ourselves by submitting to God, our Heavenly Father. From there, we watch closely for what new situation God is preparing for us that day.

God has a plan for our ministry, and He will reveal it as we serve Him. When He reveals His plan, we accept and begin serving His people by His power.

Missions and ministry require preparation and a lifestyle of serving Christ— either professionally or as a part-time volunteer. Both require commitment to daily Bible study. Your spiritual growth under the leadership of Jesus Christ will not happen automatically.

My Salvation Testimony

Before you read any further, we need to discuss two absolutes; the first is your salvation. Use these pages to outline your experiences as Jesus moved you from disobedient and unforgiving to obedient and forgiven through His death and resurrection, and through His grace to eternal salvation. Below is a short account of my "Salvation Story."

Truth — How I Knew I Needed Jesus

I grew up attending church regularly, usually three times a week. I was taught who Jesus is and cannot remember when I didn't believe that Jesus was a real person. I was a cultural Christian but didn't understand that I needed the forgiveness that only Belief, Confession, and Acceptance can bring. I thought I could one day go to heaven if I did more good than bad, and then God would accept me. I followed this path for almost 30 years, but I began to realize something was missing from my life—like a hole in my heart that I tried to fill with good activities and actions.

By this time, I had been teaching public school for 8½ years; I was a Scoutmaster of two troops, had been a Cubmaster and an Explorer advisor, and worked as a Program Director at Scout Camp. Still, nothing I did filled that emptiness.

I had also met my dream lady, and we were set to be married before Christmas of 1979. To please her, I began to visit her church Sunday after Sunday. Before we announced our engagement, we went to her Dad to ask for his permission, and he gave the oddest reply — stating that one evening, as he headed to work and saw me return to her home,

he prayed, asking God to let him know this relationship was His will. Jesus reassured him that the relationship and marriage were His will. So, because of what Jesus had told him, he said we had His permission to be married. At the time, I had no idea what he meant.

As we planned and I continued to attend church, I noticed a drastic change—suddenly the sermons seemed to speak directly to me, like the Pastor could read my mind. Over time, I kept seeing church signs that spoke to me as if God were talking to me, and radio programs that felt like the author knew me personally.

Acceptance — How I Became a Christian

Then one day I found a witness tract, read it, and prayed the prayer of salvation; excited, I proclaimed, "Now I am a Christian." A week passed, and the emptiness I had felt since youth was still there, and I didn't feel any different. I read and prayed the same prayer a second time and then waited.

One evening, I felt Jesus speaking to me and asking me to get baptized, so wanting to please Him, I called the Pastor at my fiancée's church and said, "Jesus wants me to be baptized at your church." He said OK, but it would be next Sunday — this was on a Monday, and our marriage was next Saturday. He decided to baptize me on Wednesday night instead.

Before church started, the Pastor met with me privately in his office. He didn't know me very well and wanted to make sure I was saved. After he explained immersion baptism, he asked, "Have you confessed Jesus Christ as your Lord and Savior?" I said yes and sat down as the service began.

After the Pastor explained that I was getting baptized—an unusual event for a Wednesday—he preached, and as he preached, I felt a huge burden lifted from my shoulders, and great peace and joy flooded my soul. Next, I was baptized and joined this church.

Now I realize that my forgiveness and salvation were completed when I confessed to the Pastor that Jesus Christ is my Lord and Savior. See Romans 10:9-10: "that if you confess with your mouth Jesus as Lord and believe in your heart that God raised Him from the dead, you will be saved; for with the heart a person believes, resulting in righteousness, and with the mouth he confesses, resulting in salvation."

Friendship — My Plan for Fellowship With Christ

Immediately, I began to read the Bible, wanting to know more about Christ, with a deep desire to know and obey Him. I also wanted to serve Him through His church. This path of love, submission, and service to others has led me to many people who need Him — primarily young people, but also around the world, working with adult Christians seeking to be disciples.

My daily custom has become spending time with God—fellowshipping with Him, reading Scripture, and taking notes as His Holy Spirit transforms me into a more Christlike believer.

Purpose — Loving God With All My Heart

As I fellowship with God daily and get to know Him better, my love and admiration for Him continues to grow. "The foremost is, 'Hear, O Israel! The Lord our God is one Lord; and you shall love the Lord your God with all your heart, and

with all your soul, and with all your mind, and with all your strength.'" — Mark 12:29-30

Fulfillment — Loving Others

As my love and admiration for God through His Son, Jesus Christ, increases, He grants me a love for others and leads me in a ministry of reconciliation, encouraging the lost to accept Him and discipling the born-again as the Holy Spirit uses me. "The second is this, 'You shall love your neighbor as yourself.'" — Mark 12:31

— Patrick Wright
Loudon, Tennessee

Your Salvation Testimony

Share your salvation journey in your own words by responding to the five questions below.

Truth — How I Knew I Needed Jesus Christ

Acceptance — What I Said to God. How I Became a Christian.

Friendship — My Plan for Fellowship With Christ.

Purpose — Loving God With All My Heart, Soul, Mind, and Strength.

Fulfillment — Loving Others.

Personal Discipleship Survey

Mark U (Usually), S (Sometimes), or N (Never) for each statement.

Truth — God's Word	**U**	**S**	**N**
I accept the Bible as God's word	☐	☐	☐
I read the Bible daily	☐	☐	☐
I memorize scriptures	☐	☐	☐
I attend Sunday School	☐	☐	☐
I study the Bible at home	☐	☐	☐
I am part of a group Bible study	☐	☐	☐
I feel I am growing spiritually as I study God's word	☐	☐	☐
God speaks to me through His word	☐	☐	☐

Love God	**U**	**S**	**N**
I love God with my all	☐	☐	☐
I seek God whenever I make decisions	☐	☐	☐
I feel close to God	☐	☐	☐
I spend time with God in prayer and Bible study	☐	☐	☐
I experience specific answers to prayer	☐	☐	☐
Each day my prayers include praise, thanksgiving, confession, intercession	☐	☐	☐
I work in a specific ministry to which God has called me	☐	☐	☐

Love Others	**U**	**S**	**N**
I regularly pray for others	☐	☐	☐
I tell others about my faith in Jesus Christ	☐	☐	☐
I actively minister to others	☐	☐	☐
I seek to live in peace with others	☐	☐	☐
I keep a list of prayer concerns	☐	☐	☐
God shows me people He wants me to disciple	☐	☐	☐
Others know I am a Christian by the way I treat others	☐	☐	☐

Multiplying Discipleship	**U**	**S**	**N**
I am part of a group of multiplying disciples	☐	☐	☐
I am being mentored by a Disciple Maker	☐	☐	☐
I am discipling another Christian	☐	☐	☐
I am witnessing to specific lost friends	☐	☐	☐

WEEK 9

Walk Humbly

Fellowshipping Daily With the Lord

This Week at a Glance

Day 1 · Praise and Worship: Psalm 100:1-2

Day 2 · Discipleship: Titus 3:4-7

Day 3 · Humility: John 1:12-13

Day 4 · Acknowledgment: 1 John 1:7

Day 5 · Acceptance: Philippians 3:13-14

Day 6 · Obedience: 1 Corinthians 1:18

Day 7 · Identification: Matthew 28:18-20

Day 1 · Praise and Worship

Recognizing God's power and expressing gratitude for His blessings.

Scripture

> *“Shout joyfully to the Lord, all the earth. Serve the Lord with jubilation; Come before Him with rejoicing.”*
>
> **Psalm 100:1-2**

Devotional Reflection

Thank You, Father. Begin with a heart of gratitude, shouting joyfully and coming before the Lord with rejoicing in all you do.

Describe any reaction you have to this devotional.

Offer a short prayer.

Day 2 · Discipleship

Following Christ's example and learning to walk in His ways.

Scripture

> *"But when the kindness of God our Savior and His love for mankind appeared, He saved us, not on the basis of deeds which we did in righteousness, but in accordance with His mercy, by the washing of regeneration and renewing by the Holy Spirit, whom He poured out upon us richly through Jesus Christ our Savior, so that being justified by His grace we would be made heirs according to the hope of eternal life."*
>
> **Titus 3:4-7**

Devotional Reflection

Praise you, Father, for all that you have done, are doing, and will do on our behalf through Jesus Christ and Your grace.

Describe any reaction you have to this devotional.

Offer a short prayer.

Day 3 · Humility

Surrendering to God's will and submitting ourselves before Him.

Scripture

> *"But as many as received Him, to them He gave the right to become children of God, even to those who believe in His name, who were born, not of blood nor of the will of the flesh nor of the will of man, but of God."*
>
> **John 1:12-13**

Devotional Reflection

A continuation of a further explanation of who we are in Christ — children of God, born not of human will but of God Himself.

Describe any reaction you have to this devotional.

Offer a short prayer.

Day 4 · Acknowledgment

Being aware of the situation that God is presenting for our service.

Scripture

> *“But if we walk in the Light as He Himself is in the Light, we have fellowship with one another, and the blood of Jesus His Son cleanses us from all sin.”*
>
> **1 John 1:7**

Devotional Reflection

After our salvation and forgiveness from sin, God placed us in a church as part of the body of Christ with others just like us, and now we fellowship together.

Describe any reaction you have to this devotional.

Offer a short prayer.

Day 5 · Acceptance

Embracing God's call and caring for the people He places in our path.

Scripture

> *“Brethren, I do not regard myself as having laid hold of it yet; but one thing I do: forgetting what lies behind and reaching forward to what lies ahead, I press on toward the goal for the prize of the upward call of God in Christ Jesus.”*
>
> **Philippians 3:13-14**

Devotional Reflection

Refreshed, we rejoin others as we serve Christ together by serving those, He sends our way. Press on toward the goal.

Describe any reaction you have to this devotional.

Offer a short prayer.

Day 6 · Obedience

Voluntarily following Christ in a ministry of reconciliation.

Scripture

> *“For the word of the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God.”*
>
> **1 Corinthians 1:18**

Devotional Reflection

A reminder of what worldly people are like, and who God has called us to. The cross is our power and our message.

Describe any reaction you have to this devotional.

Offer a short prayer.

Day 7 · Identification

Recognizing the inner needs of others and looking for ways to serve them.

Scripture

> *"And Jesus came up and spoke to them, saying, 'All authority has been given to Me in heaven and on earth. Go therefore and make disciples of all the nations, baptizing them in the name of the Father and the Son and the Holy Spirit, teaching them to observe all that I commanded you; and lo, I am with you always, even to the end of the age.'"*
>
> **Matthew 28:18-20**

Devotional Reflection

These verses are our "marching orders" — an assurance that when we go out and witness, Jesus will be with us, enabling us beyond our natural ability.

Describe any reaction you have to this devotional.

Offer a short prayer.

Week 9 Completed

- **Share**

- What would it look like to bring genuine joy and jubilation into your worship today, rather than going through the motions?

- How does knowing you were saved by God's mercy rather than your own effort shape how you disciple others who feel they must ‘earn’ their way to God?

- What does it mean for your identity that your standing as God's child came from His will, not your own effort or bloodline?

- Where in your life do you need to step out of hiding and into the Light so that real fellowship and cleansing can happen?

- What from your past are you still holding onto that God is asking you to release so you can press forward?

- Where has the message of the cross felt like ‘foolishness’ to people around you, and how can you still hold onto it as God's power?

- Who is God calling you to go and make a disciple of, trusting His promise to be with you always?

WEEK 10

Led by the Spirit

Fellowshipping Daily With the Lord

This Week at a Glance

Day 1 · Praise and Worship: Psalm 73:26

Day 2 · Discipleship: Romans 5:1

Day 3 · Humility: Romans 5:2-5

Day 4 · Acknowledgment: Hebrews 5:2

Day 5 · Acceptance: Hebrews 5:8

Day 6 · Obedience: Hebrews 12:14

Day 7 · Identification: 2 Corinthians 5:14-15

Day 1 · Praise and Worship

Recognizing God's power and expressing gratitude for His blessings.

Scripture

> *“My flesh and my heart may fail, But God is the strength of my heart and my portion forever.”*
>
> **Psalm 73:26**

Devotional Reflection

Father, I praise you for my health, whatever its condition. You still fellowship with me and help me to have a humble mind that seeks ways to love your children.

Describe any reaction you have to this devotional.

Offer a short prayer.

Day 2 · Discipleship

Following Christ's example and learning to walk in His ways.

Scripture

> *“Therefore, having been justified by faith, we have peace with God through our Lord Jesus Christ,”*
>
> **Romans 5:1**

Devotional Reflection

This peace, which only you can grant to your faithful followers, is present in my life and began the moment I received your forgiveness through Jesus Christ.

Describe any reaction you have to this devotional.

Offer a short prayer.

Day 3 · Humility

Surrendering to God's will and submitting ourselves before Him.

Scripture

> *"through whom also we have obtained our introduction by faith into this grace in which we stand; and we exult in hope of the glory of God. And not only this, but we also exult in our tribulations, knowing that tribulation brings about perseverance; and perseverance, proven character; and proven character, hope; and hope does not disappoint, because the love of God has been poured out within our hearts through the Holy Spirit who was given to us."*
>
> **Romans 5:2-5**

Devotional Reflection

Consider: a lack of tribulations can contribute to laziness and self-indulgence. Tribulation produces perseverance, proven character, and hope — all gifts from God.

Describe any reaction you have to this devotional.

Offer a short prayer.

Day 4 · Acknowledgment

Being aware of the situation that God is presenting for our service.

Scripture

> *“he can deal gently with the ignorant and misguided, since he himself also is beset with weakness;”*
>
> **Hebrews 5:2**

Devotional Reflection

When we ask, we are forgiven in the name of Jesus, then we are called to serve others. Even when we are honored by being chosen to serve, we don't puff ourselves up but remain humble.

Describe any reaction you have to this devotional.

Offer a short prayer.

Day 5 · Acceptance

Embracing God's call and caring for the people He places in our path.

Scripture

> *“Although He was a Son, He learned obedience from the things which He suffered.”*
>
> **Hebrews 5:8**

Devotional Reflection

Another reference to suffering for God that leads to our obedience. Because we are filled with the Holy Spirit and seek to obey, we look to God for hope in overcoming whatever interferes with our obedience.

Describe any reaction you have to this devotional.

Offer a short prayer.

Day 6 · Obedience

Voluntarily following Christ in a ministry of reconciliation.

Scripture

> *“Pursue peace with all men, and the sanctification without which no one will see the Lord.”*
>
> **Hebrews 12:14**

Devotional Reflection

Stay on God's paths as we humbly and peacefully serve and minister to the world. Pursue peace and holiness in all our dealings.

Describe any reaction you have to this devotional.

Offer a short prayer.

Day 7 · Identification

Recognizing the inner needs of others and looking for ways to serve them.

Scripture

> *"For the love of Christ controls us, having concluded this, that one died for all, therefore all died; and He died for all, so that they who live might no longer live for themselves, but for Him who died and rose again on their behalf."*
>
> **2 Corinthians 5:14-15**

Devotional Reflection

This is our call to go and make disciples. We no longer live for ourselves, but for Him who died and rose again on our behalf.

Describe any reaction you have to this devotional.

Offer a short prayer.

Week 10 Completed

- **Share**

- Where do you feel your strength failing right now, and how can you lean on God as your strength instead?

- Are you currently living in the peace with God that comes from being justified by faith, or are you still striving to earn it?

- What tribulation are you facing that God might be using to build perseverance and hope in you, if you let Him?

- Who in your life is ‘ignorant and misguided’ that you're tempted to judge rather than deal gently with, remembering your own weakness?

- What painful season is God using to teach you obedience, the way He used suffering to teach His own Son?

- Is there a relationship where you're avoiding peace instead of pursuing it, as this verse commands?

- In what specific area of your life are you still living for yourself rather than for the One who died and rose for you?

WEEK 11

Walking in Wisdom

Fellowshipping Daily With the Lord

This Week at a Glance

Day 1 · Praise and Worship: 2 Corinthians 1:3-4

Day 2 · Discipleship: 2 Timothy 1:8

Day 3 · Humility: 1 John 3:22

Day 4 · Acknowledgment: 1 Corinthians 12:1

Day 5 · Acceptance: Philippians 4:6-7

Day 6 · Obedience: Philippians 4:5

Day 7 · Identification: Philippians 4:12

Day 1 · Praise and Worship

Recognizing God's power and expressing gratitude for His blessings.

Scripture

> *"Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and God of all comfort, who comforts us in all our affliction so that we will be able to comfort those who are in any affliction with the comfort with which we ourselves are comforted by God."*
>
> **2 Corinthians 1:3-4**

Devotional Reflection

Father, you comfort me first because of your love, and second so I can point others to your comfort. The struggles become the greatest need in ministry.

Describe any reaction you have to this devotional.

Offer a short prayer.

Day 2 · Discipleship

Following Christ's example and learning to walk in His ways.

Scripture

> *“Therefore do not be ashamed of the testimony of our Lord or of me His prisoner, but join with me in suffering for the gospel according to the power of God,”*
>
> **2 Timothy 1:8**

Devotional Reflection

Be vocal concerning the gospel and God's care — His peace and joy — and not worry about any opposition. Share the testimony boldly.

Describe any reaction you have to this devotional.

Offer a short prayer.

Day 3 · Humility

Surrendering to God's will and submitting ourselves before Him.

Scripture

> *“and whatever we ask we receive from Him, because we keep His commandments and do the things that are pleasing in His sight.”*
>
> **1 John 3:22**

Devotional Reflection

Father, this is my desire — to please you — so I ask for the power through the Holy Spirit to keep your commandments in place on my heart.

Describe any reaction you have to this devotional.

Offer a short prayer.

Day 4 · Acknowledgment

Being aware of the situation that God is presenting for our service.

Scripture

> *"Now concerning spiritual gifts, brethren, I do not want you to be unaware."*
>
> **1 Corinthians 12:1**

Devotional Reflection

God introduces us to spiritual gifts as we serve. He has given each believer at least one gift to be used for His glory and the building up of His church.

Describe any reaction you have to this devotional.

Offer a short prayer.

Day 5 · Acceptance

Embracing God's call and caring for the people He places in our path.

Scripture

> *"Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all comprehension, will guard your hearts and your minds in Christ Jesus."*
>
> **Philippians 4:6-7**

Devotional Reflection

Even in anxiety about health or circumstances, God continually shows He is in charge. Praise Him and seek the peace that surpasses all comprehension.

Describe any reaction you have to this devotional.

Offer a short prayer.

Day 6 · Obedience

Voluntarily following Christ in a ministry of reconciliation.

Scripture

> *"Let your gentle spirit be known to all men. The Lord is near."*
>
> **Philippians 4:5**

Devotional Reflection

Any gentle spirit we have comes from God alone. Praise Him for allowing ministry through a gentle spirit. The Lord is nearby.

Describe any reaction you have to this devotional.

Offer a short prayer.

Day 7 · Identification

Recognizing the inner needs of others and looking for ways to serve them.

Scripture

> *"I know how to get along with humble means, and I also know how to live in prosperity; in any and every circumstance I have learned the secret of being filled and going hungry, both of having abundance and suffering need."*
>
> **Philippians 4:12**

Devotional Reflection

We must decide how to allocate our resources and know when God wants us to use our personal resources, and where to use them for His glory.

Describe any reaction you have to this devotional.

Offer a short prayer.

Week 11 Completed

- **Share**

- How might the comfort God has given you in a past affliction be meant for someone else's benefit, not just your own?

- Where have you shrunk back from sharing the gospel out of fear of what it might cost you?

- Is there a command of God you've been resisting that might be standing between you and answered prayer?

- Do you know what spiritual gift(s) God has given you, and are you using them, or unaware and unused?

- What anxiety are you carrying today that you haven't yet brought to God in prayer with thanksgiving?

- Where do you need to trade urgency or harshness for gentleness, remembering that the Lord is near?

- Which is harder for you to be content in right now — a season of abundance or a season of need — and why?

WEEK 12

Seeking God's Face

Fellowshipping Daily With the Lord

This Week at a Glance

Day 1 · Praise and Worship: Psalm 95:6-8

Day 2 · Discipleship: John 5:19

Day 3 · Humility: John 14:12-14

Day 4 · Acknowledgment: Isaiah 40:31

Day 5 · Acceptance: Ephesians 2:8-9

Day 6 · Obedience: 2 Corinthians 12:9-10

Day 7 · Identification: 1 Corinthians 2:9

Day 1 · Praise and Worship

Recognizing God's power and expressing gratitude for His blessings.

Scripture

> *“Come, let's worship and bow down. Let's kneel before the Lord, our maker, for he is our God. We are the people of his pasture, the sheep in his care. If only you would listen to his voice today! Do not be stubborn, as at Meribah, as on that day at Massah in the wilderness,”*
>
> **Psalm 95:6-8**

Devotional Reflection

I still praise you, Father, for the miracles you perform on my behalf daily so I can continue to minister to your people. Resist the temptation to harden our hearts.

Describe any reaction you have to this devotional.

Offer a short prayer.

Day 2 · Discipleship

Following Christ's example and learning to walk in His ways.

Scripture

> *“Therefore Jesus answered and was saying to them, ‘Truly, truly, I say to you, the Son can do nothing of Himself, unless it is something He sees the Father doing; for whatever the Father does, these things the Son also does in like manner.’”*
>
> **John 5:19**

Devotional Reflection

Jesus shows us that by giving up self-reliance and letting our Father in Heaven empower us, we too can access, as God directs, what He did.

Describe any reaction you have to this devotional.

Offer a short prayer.

Day 3 · Humility

Surrendering to God's will and submitting ourselves before Him.

Scripture

> *"Truly, truly, I say to you, the one who believes in Me, the works that I do, he will do also; and greater works than these he will do; because I am going to the Father. And whatever you ask in My name, this I will do, so that the Father may be glorified in the Son. If you ask Me anything in My name, I will do it."*
>
> **John 14:12-14**

Devotional Reflection

Father, I want to please you. Whatever we ask in Jesus' name, believing in Him, will be done so that the Father may be glorified in the Son.

Describe any reaction you have to this devotional.

Offer a short prayer.

Day 4 · Acknowledgment

Being aware of the situation that God is presenting for our service.

Scripture

> *"But those who wait for the Lord will renew their strength; they will mount up with wings like eagles, they will run and not get tired, they will walk and not become weary."*
>
> **Isaiah 40:31**

Devotional Reflection

Father, with the help of your Holy Spirit, I can see your hand working at your pace. Those who wait upon the Lord will find their strength renewed.

Describe any reaction you have to this devotional.

Offer a short prayer.

Day 5 · Acceptance

Embracing God's call and caring for the people He places in our path.

Scripture

> *"For by grace you have been saved through faith; and that not of yourselves, it is the gift of God; not as a result of works, so that no one may boast."*
>
> **Ephesians 2:8-9**

Devotional Reflection

He chose us because of His grace — His unmerited favor — not because of our works or service. Salvation is God's gift alone. I praise you, Father.

Describe any reaction you have to this devotional.

Offer a short prayer.

Day 6 · Obedience

Voluntarily following Christ in a ministry of reconciliation.

Scripture

> *"And He has said to me, 'My grace is sufficient for you, for power is perfected in weakness.' Most gladly, therefore, I will rather boast about my weaknesses, so that the power of Christ may dwell in me. Therefore I am well content with weaknesses, with insults, with distresses, with persecutions, with difficulties, for Christ's sake; for when I am weak, then I am strong."*
>
> **2 Corinthians 12:9-10**

Devotional Reflection

Father, I want your will to be done in my life and actions. Power is perfected in weakness — when I am weak, then I am truly strong in Christ.

Describe any reaction you have to this devotional.

Offer a short prayer.

Day 7 · Identification

Recognizing the inner needs of others and looking for ways to serve them.

Scripture

> *"But just as it is written, 'Things which eye has not seen and ear has not heard, And which have not entered the human heart, All that God has prepared for those who love Him.'"*
>
> **1 Corinthians 2:9**

Devotional Reflection

As God reveals Himself to us, great spiritual gifts come from His vast treasure trove in heaven—things beyond what we can imagine or conceive.

Describe any reaction you have to this devotional.

Offer a short prayer.

Week 12 Completed

- **Share**

- Where might your heart be hardening toward God's voice, as Israel's did at Meribah?

- How can you develop the habit of watching for what the Father is already doing, rather than acting on your own initiative first?

- What ‘greater works’ do you sense God inviting you into, and what's holding you back from stepping into them?

- What are you tempted to rush rather than wait on the Lord right now?

- Where do you catch yourself trying to earn God's favor instead of simply receiving His grace?

- What weakness are you trying to hide instead of letting God's power be perfected through it?

- What is God preparing for you or someone you love that you can't yet see, and how does trusting that shape your patience today?

WEEK 13

Cheerful Service

Fellowshipping Daily With the Lord

This Week at a Glance

Day 1 · Praise and Worship: Colossians 3:17

Day 2 · Discipleship: Colossians 3:17

Day 3 · Humility: Luke 1:37-38

Day 4 · Acknowledgment: John 21:6

Day 5 · Acceptance: Psalm 30:2

Day 6 · Obedience: Ezekiel 18:30-31

Day 7 · Identification: 1 Thessalonians 5:11

Day 1 · Praise and Worship

Recognizing God's power and expressing gratitude for His blessings.

Scripture

> *“Whatever you do in word or deed, do everything in the name of the Lord Jesus, giving thanks through Him to God the Father.”*
>
> **Colossians 3:17**

Devotional Reflection

This is my desire and goal, set with your help for each day when I rise — to do everything in the name of the Lord Jesus with a thankful heart.

Describe any reaction you have to this devotional.

Offer a short prayer.

Day 2 · Discipleship

Following Christ's example and learning to walk in His ways.

Scripture

> *“Whatever you do in word or deed, do everything in the name of the Lord Jesus, giving thanks through Him to God the Father.”*
>
> **Colossians 3:17**

Devotional Reflection

I am repeating this same verse as it is my prayer for today also. Let every word and deed reflect the name and character of Jesus Christ.

Describe any reaction you have to this devotional.

Offer a short prayer.

Day 3 · Humility

Surrendering to God's will and submitting ourselves before Him.

Scripture

> *“For nothing will be impossible with God. And Mary said, ‘Behold, the bondslave of the Lord; may it be done to me according to your word.’ And the angel departed from her.”*
>
> **Luke 1:37-38**

Devotional Reflection

We want to rightly apply this to everything God asks of us — that is appropriate because there is nothing too hard for God. May it be done according to His word.

Describe any reaction you have to this devotional.

Offer a short prayer.

Day 4 · Acknowledgment

Being aware of the situation that God is presenting for our service.

Scripture

> *"And He said to them, 'Cast the net on the right-hand side of the boat, and you will find a catch.' So they cast, and then they were not able to haul it in because of the great number of fish."*
>
> **John 21:6**

Devotional Reflection

Jesus directs our activities, and when we obey, sometimes we will experience one of His miracles. He operates the same today as He did with Peter.

Describe any reaction you have to this devotional.

Offer a short prayer.

Day 5 · Acceptance

Embracing God's call and caring for the people He places in our path.

Scripture

> *"O Lord my God, I cried to You for help, and You healed me."*
>
> **Psalm 30:2**

Devotional Reflection

There have been occasions when we experience physical and spiritual healing that could only come from God our Father. He hears our cries and responds.

Describe any reaction you have to this devotional.

Offer a short prayer.

Day 6 · Obedience

Voluntarily following Christ in a ministry of reconciliation.

Scripture

> *"Therefore I will judge you, O house of Israel, each according to his conduct," declares the Lord God. "Repent and turn away from all your offenses, so that sin may not become a stumbling block to you."*
>
> **Ezekiel 18:30-31**

Devotional Reflection

Repentance leads to freedom. Turn away from all offenses so that sin does not become a stumbling block to our walk with God and ministry to others.

Describe any reaction you have to this devotional.

Offer a short prayer.

Day 7 · Identification

Recognizing the inner needs of others and looking for ways to serve them.

Scripture

> *"Therefore encourage one another and build up one another, just as you also are doing."*
>
> **1 Thessalonians 5:11**

Devotional Reflection

Our mission is not just to go out to the lost and hurting, but also to work as a team, build one another up in Christ, and then go out together.

Describe any reaction you have to this devotional.

Offer a short prayer.

Week 13 Completed

- **Share**

- What would change if you did everything today — word and deed — in the name of Jesus, with a heart of thanksgiving?

- Whose example are you following as you learn to do everything “in the name of the Lord Jesus” — and whom might you be teaching to do the same?

- What impossible-seeming request is God asking you to respond to with Mary’s words: “may it be done to me according to Your word”?

- Where might God be asking you to “cast your net” in a direction you haven’t tried yet?

- What are you currently crying out to God for help with, and how have you seen Him begin to heal or restore it?

- Is there an offense or pattern in your life that God is calling you to repent of before it becomes a stumbling block?

- Who in your life needs you to encourage and build them up this week — and what’s stopping you from doing it today?

WEEK 14

Renewed Strength

Fellowshipping Daily With the Lord

This Week at a Glance

Day 1 · Praise and Worship: Psalm 95:3

Day 2 · Discipleship: John 7:38

Day 3 · Humility: 2 Corinthians 1:3-4

Day 4 · Acknowledgment: James 3:9-10

Day 5 · Acceptance: Joshua 1:7

Day 6 · Obedience: Isaiah 58:8-9

Day 7 · Identification: Isaiah 58:7

Day 1 · Praise and Worship

Recognizing God's power and expressing gratitude for His blessings.

Scripture

> *"For the Lord is a great God, and a great King above all gods. Oh come, let us worship and bow down; let us kneel before the Lord, our Maker. For He is our God, and we are the people of His pasture, and the sheep of His hand."*
>
> **Psalm 95:3**

Devotional Reflection

I am humbled that God continues to allow me to serve Him by discipling others, revealing the meaning of many scriptures, and placing them in my heart.

Describe any reaction you have to this devotional.

Offer a short prayer.

Day 2 · Discipleship

Following Christ's example and learning to walk in His ways.

Scripture

> *“The one who believes in Me, as the Scripture said, ‘From his innermost being will flow rivers of living water.’”*
>
> **John 7:38**

Devotional Reflection

As born-again Christians, filled by the Holy Spirit, as we serve Christ through worship and obedience, He grants understanding and wisdom that flow naturally to others.

Describe any reaction you have to this devotional.

Offer a short prayer.

Day 3 · Humility

Surrendering to God's will and submitting ourselves before Him.

Scripture

> *"Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and God of all comfort, who comforts us in all our affliction so that we will be able to comfort those who are in any affliction with the comfort with which we ourselves are comforted by God."*
>
> **2 Corinthians 1:3-4**

Devotional Reflection

The many visits to doctors, difficulties, and afflictions have a greater purpose — God allows us to pray for others and comfort them with the comfort we ourselves have received.

Describe any reaction you have to this devotional.

Offer a short prayer.

Day 4 · Acknowledgment

Being aware of the situation that God is presenting for our service.

Scripture

> *"With it [the tongue] we bless our Lord and Father, and with it we curse men, who have been made in the likeness of God; from the same mouth come both blessing and cursing. My brethren, these things ought not to be this way."*
>
> **James 3:9-10**

Devotional Reflection

In our daily walk, we meet people with untamed tongues that need God's healing. Let's encourage them to trust God and guard our tongues.

Describe any reaction you have to this devotional.

Offer a short prayer.

Day 5 · Acceptance

Embracing God's call and caring for the people He places in our path.

Scripture

> *“Only be strong and very courageous; be careful to do according to all the Law which Moses My servant commanded you; do not turn from it to the right or to the left, so that you may have success wherever you go.”*
>
> **Joshua 1:7**

Devotional Reflection

This week's emphasis is on our continued obedience to God and His willingness to bless us so we can serve Him joyfully and with courage.

Describe any reaction you have to this devotional.

Offer a short prayer.

Day 6 · Obedience

Voluntarily following Christ in a ministry of reconciliation.

Scripture

> *"Then your light will break out like the dawn, and your recovery will speedily spring forth; and your righteousness will go before you; the glory of the Lord will be your rear guard. Then you will call, and the Lord will answer; you will cry, and He will say, 'Here I am.' If you remove the yoke from your midst, the pointing of the finger and speaking wickedness."*
>
> **Isaiah 58:8-9**

Devotional Reflection

God promises to restore when His people come back to Him. He will be our light, our rear guard, and will answer when we call.

Describe any reaction you have to this devotional.

Offer a short prayer.

Day 7 · Identification

Recognizing the inner needs of others and looking for ways to serve them.

Scripture

> *"Is it not to divide your bread with the hungry and bring the homeless poor into the house; when you see the naked, to cover him; and not to hide yourself from your own flesh?"*
>
> **Isaiah 58:7**

Devotional Reflection

We can not only see the plight of others less fortunate but respond by helping them until they can return to the Lord and be restored.

Describe any reaction you have to this devotional.

Offer a short prayer.

Week 14 Completed

- **Share**

- What competing ‘gods’ — priorities, comforts, fears — are you tempted to bow down to instead of the one true God?

- Is the ‘living water’ of the Spirit flowing out from you to others, or has it become stagnant?

- How does receiving comfort from God, rather than manufacturing your own strength, humble you?

- Where has your speech recently blessed God with one breath and torn someone down with the next?

- What is God asking you to accept — a command or calling — that requires courage rather than comfort?

- What ‘yoke’ — blame, finger-pointing, or wickedness — do you need to remove before you'll see the breakthrough this verse promises?

- Who is the ‘hungry’ or ‘homeless’ person in your life that you've been hiding from instead of helping?

WEEK 15

Things Above

Fellowshipping Daily With the Lord

This Week at a Glance

Day 1 · Praise and Worship: Psalm 145:8

Day 2 · Discipleship: Lamentations 3:22-25

Day 3 · Humility: Exodus 19:5-6

Day 4 · Acknowledgment: Isaiah 49:10

Day 5 · Acceptance: Ephesians 2:4-6

Day 6 · Obedience: Ephesians 2:8-9

Day 7 · Identification: Ephesians 2:10

Day 1 · Praise and Worship

Recognizing God's power and expressing gratitude for His blessings.

Scripture

> *“The Lord is gracious and merciful; slow to anger and great in lovingkindness.”*
>
> **Psalm 145:8**

Devotional Reflection

Father, I praise You, for only You have continued to love mankind these many thousands of years and continue to reach out to us in grace and mercy.

Describe any reaction you have to this devotional.

Offer a short prayer.

Day 2 · Discipleship

Following Christ's example and learning to walk in His ways.

Scripture

> *“The Lord's lovingkindnesses indeed never cease, for His compassions never fail. They are new every morning; great is Your faithfulness. ‘The Lord is my portion,’ says my soul, ‘Therefore I have hope in Him.’ The Lord is good to those who wait for Him, to the person who seeks Him.”*
>
> **Lamentations 3:22-25**

Devotional Reflection

Even in despair, remember God's love, grace, and mercy given as a gift. His compassions are new every morning — great is His faithfulness.

Describe any reaction you have to this devotional.

Offer a short prayer.

Day 3 · Humility

Surrendering to God's will and submitting ourselves before Him.

Scripture

> *"Now then, if you will indeed obey My voice and keep My covenant, then you shall be My own possession among all the peoples, for all the earth is Mine; and you shall be to Me a kingdom of priests and a holy nation.' These are the words that you shall speak to the sons of Israel."*
>
> **Exodus 19:5-6**

Devotional Reflection

Spoken to the Israelites, it also applies to us now, as He has adopted us and grafted us into His kingdom. We are His own possession, a kingdom of priests.

Describe any reaction you have to this devotional.

Offer a short prayer.

Day 4 · Acknowledgment

Being aware of the situation that God is presenting for our service.

Scripture

> *"They will not hunger or thirst, nor will the scorching heat or sun strike them down; for He who has compassion on them will lead them and will guide them to springs of water."*
>
> **Isaiah 49:10**

Devotional Reflection

Father, I praise You for Your great compassion upon me and those who serve You. He who has compassion will lead and guide us.

Describe any reaction you have to this devotional.

Offer a short prayer.

Day 5 · Acceptance

Embracing God's call and caring for the people He places in our path.

Scripture

> *"But God, being rich in mercy, because of His great love with which He loved us, even when we were dead in our wrongdoings, made us alive together with Christ (by grace you have been saved), and raised us up with Him, and seated us with Him in the heavenly places in Christ Jesus."*
>
> **Ephesians 2:4-6**

Devotional Reflection

Even when we were dead in our wrongdoings, God made us alive together with Christ by grace. We are raised up and seated with Him in heavenly places.

Describe any reaction you have to this devotional.

Offer a short prayer.

Day 6 · Obedience

Voluntarily following Christ in a ministry of reconciliation.

Scripture

> *“For by grace you have been saved through faith; and this is not of yourselves, it is the gift of God; not a result of works, so that no one may boast.”*
>
> **Ephesians 2:8-9**

Devotional Reflection

Right after being saved, God pointed out that it wasn't because of anything good done—not works, not service. Salvation is His gift alone, so no one may boast.

Describe any reaction you have to this devotional.

Offer a short prayer.

Day 7 · Identification

Recognizing the inner needs of others and looking for ways to serve them.

Scripture

> *"For we are His workmanship, created in Christ Jesus for good works, which God prepared beforehand so that we would walk in them."*
>
> **Ephesians 2:10**

Devotional Reflection

Father, I feel so very blessed because You are forming Christ in me by the power of Your Holy Spirit, helping me understand the needs of those to whom You send me.

Describe any reaction you have to this devotional.

Offer a short prayer.

Week 15 Completed

- **Share**

- Where in your life have you recently experienced God being slow to anger with you, and how does that shape your praise today?

- What would change in your daily rhythm if you truly believed God's mercies were brand new for you this morning?

- What part of God's covenant with you feels hardest to obey right now, and what would humble submission to it look like?

- What hunger or thirst are you carrying that you haven't yet acknowledged and brought before the God who promises to guide you to water?

- Do you live like someone who has already been raised and seated with Christ, or like you're still spiritually dead?

- How does resting in grace rather than striving in works free you to obey more fully, not less?

- What good work do you sense God prepared in advance specifically for you to walk into?

WEEK 16

Full Circle

Fellowshipping Daily With the Lord

This Week at a Glance

Day 1 · Praise and Worship: 2 Samuel 22:26-27

Day 2 · Discipleship: Jeremiah 17:7

Day 3 · Humility: Luke 2:14

Day 4 · Acknowledgment: Psalm 36:10

Day 5 · Acceptance: Proverbs 1:7

Day 6 · Obedience: Luke 15:22

Day 7 · Identification: Hebrews 13:5

Day 1 · Praise and Worship

Recognizing God's power and expressing gratitude for His blessings.

Scripture

> *"With the faithful, You prove Yourself faithful; with the blameless, You prove Yourself blameless; with the pure, You prove Yourself pure, but with the crooked, You prove Yourself shrewd."*
>
> **2 Samuel 22:26-27**

Devotional Reflection

Written by David while running from Saul — just as they were true then, our God remains faithful to us today. His character is revealed in how He deals with us.

Describe any reaction you have to this devotional.

Offer a short prayer.

Day 2 · Discipleship

Following Christ's example and learning to walk in His ways.

Scripture

> *“Blessed is the person who trusts in the Lord and whose trust is the Lord.”*
>
> **Jeremiah 17:7**

Devotional Reflection

I do feel blessed and am placing my hope and confidence in You, Lord. The one who trusts in God and makes God their trust will be blessed.

Describe any reaction you have to this devotional.

Offer a short prayer.

Day 3 · Humility

Surrendering to God's will and submitting ourselves before Him.

Scripture

> *“Glory to God in the highest, and on earth peace among people with whom He is pleased.”*
>
> **Luke 2:14**

Devotional Reflection

It is easy to focus on daily demands, planning, and doing, so we don't stop to enjoy the peace and joy God has granted us. Now I am relaxing in His presence.

Describe any reaction you have to this devotional.

Offer a short prayer.

Day 4 · Acknowledgment

Being aware of the situation that God is presenting for our service.

Scripture

> *"Extend Your faithful love to those who know You, and Your righteousness to the upright in heart."*
>
> **Psalm 36:10**

Devotional Reflection

During an average week, God grants us loving relationships with people. Realize how important each person is to our continued ministries for the Lord.

Describe any reaction you have to this devotional.

Offer a short prayer.

Day 5 · Acceptance

Embracing God's call and caring for the people He places in our path.

Scripture

> *“The fear of the Lord is the beginning of knowledge; fools despise wisdom and discipline.”*
>
> **Proverbs 1:7**

Devotional Reflection

Fear here means reverence — bowing in awe at His greatness, humbly listening to His instructions, obeying each command, and enjoying the peace and fulfillment only He can grant.

Describe any reaction you have to this devotional.

Offer a short prayer.

Day 6 · Obedience

Voluntarily following Christ in a ministry of reconciliation.

Scripture

> *“But the father said to his slaves, ‘Quickly bring out the best robe and put it on him, and put a ring on his hand and sandals on his feet.’”*
>
> **Luke 15:22**

Devotional Reflection

My desire is to obey God and not turn to my own ways. However, when I fail and repent, God is always there to take me back into His love—just like the father of the prodigal son.

Describe any reaction you have to this devotional.

Offer a short prayer.

Day 7 · Identification

Recognizing the inner needs of others and looking for ways to serve them.

Scripture

> *“Make sure that your character is free from the love of money, being content with what you have; for He Himself has said, ‘I will never desert you, nor will I ever abandon you.’”*
>
> **Hebrews 13:5**

Devotional Reflection

A good verse that encourages us and that we can use to encourage others. He will never desert us, never abandon us — we are content in Him.

Describe any reaction you have to this devotional.

Offer a short prayer.

Week 16 Completed

- **Share**

- What does this verse reveal about how the posture of your own heart shapes how you experience God?

- Where are you being invited to model simple trust in the Lord for someone who's watching your life?

- What would it look like to trade striving for God's approval for simply resting in the peace of being pleasing to Him through Christ?

- Who has God placed in your path who needs to see His faithful love extended through you specifically?

- Where have you been leaning on your own understanding instead of accepting the fear of the Lord as your starting point?

- Is there someone returning to God — or to you — that you need to obediently welcome rather than make prove themselves first?

- What need are you tempted to meet with money or possessions instead of resting in God's promise never to leave you?

A Simple Path — Volume 2

Leader's Guide

Fellowshipping Daily With the Lord · Weeks 9–16

Leader's Guide — Contents

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Welcome, Group Leader

This guide adapts the eight weeks of "A Simple Path," Volume 2 (Weeks 9–16), for use in a small group or Bible study setting. Group members should ideally work through each day's devotion on their own during the week (using the booklet), and the group session each week brings everyone together to discuss what God taught them, dig deeper into a few of the week's passages, and apply it together.

How Each Week's Plan Is Organized

- **Theme & Goal** — the heartbeat of the week in one or two sentences, so you can keep the conversation anchored.
- **Week at a Glance** — the seven daily verses and aspects, for quick reference during discussion.
- **Opening (5–10 min)** — a welcome, opening prayer prompt, and icebreaker question to get people talking.
- **Worship & Centering (5 min)** — a short praise/worship moment using the week's Day 1 verse.
- **Digging In (20–25 min)** — guided discussion questions built around the week's daily devotions.
- **Application Challenge (10 min)** — a concrete, doable next step for the coming week.
- **Closing Prayer Focus (5 min)** — a specific prompt for how to pray together.

Suggested Session Length

Each plan is built for a 45–60-minute group session. Trim the discussion questions if you're running shorter or let the group sit longer in Digging In if conversation is rich — that's usually a good sign, not a scheduling problem.

A Note on Tone

This study moves through the Seven Aspects of a Disciple of Christ every single week. Resist the urge to rush past the repetition. The goal isn't novelty; it's formation. By Week 16, the rhythm itself becomes the lesson.

Orientation — Getting Started

Read this before your first group session.

> Theme: Laying the foundation for eight weeks of shared discipleship.
> Goal: Equip every participant to use “A Simple Path” daily and to understand how the group sessions work alongside it.

Welcome to "A Simple Path." This orientation session is designed to be used once, before Week 9 begins, to introduce the study to your group and set shared expectations for the eight weeks ahead.

Explain to the group that each day of the week they will work through one page or more of the booklet on their own, focusing on one of the Seven Aspects of a Disciple of Christ: Praise and Worship, Discipleship, Humility, Acknowledgment, Acceptance, Obedience, and Identification.

Encourage participants to keep their booklet and a pen close to their usual quiet-time spot, and to write, even briefly, in the "Describe" and "Prayer" lines every day — the act of writing helps the truth take root.

Each week your group will gather once to discuss what God has been showing everyone. These lesson plans give you, the leader, a simple outline for that gathering: an opening, a time of worship and centering, a walk back through each day’s scripture ("Digging In"), a practical challenge, and a closing prayer focus.

Opening

Before you begin, go around the circle and have each person share their name and one word for how they hope to

grow over the next eight weeks.

Icebreaker: "If you could ask God one question this week and know you'd get an answer, what would it be?"

Quick Reference — The Seven Aspects

- 1. Praise and Worship
- 2. Discipleship
- 3. Humility
- 4. Acknowledgment
- 5. Acceptance
- 6. Obedience
- 7. Identification

Application Challenge

This week, commit to a specific time and place for your daily quiet time. Tell one other person in the group what that commitment is, so they can ask you about it.

Closing Prayer Focus

Close in prayer, asking God to build genuine fellowship within the group and consistency in each person's daily walk over the next eight weeks.

Leader Tip
Don't rush the first gathering. Spend more time on relationships and expectations than on content — the content will get easier once people trust one another.

Week 9 · Walk Humbly

Facilitator's Lesson Plan

This week we begin by walking humbly — recognizing that discipleship starts with surrender, not achievement.
Goal: Help each participant identify one area of pride or self-reliance to surrender to God this week.

Week at a Glance

Day	Aspect	Scripture
1	Praise and Worship	Psalm 100:1-2
2	Discipleship	Titus 3:4-7
3	Humility	John 1:12-13
4	Acknowledgment	1 John 1:7
5	Acceptance	Philippians 3:13-14
6	Obedience	1 Corinthians 1:18
7	Identification	Matthew 28:18-20

Opening

Welcome everyone back and ask how their first week of daily quiet times went.

Icebreaker: "What's one habit that took you a while to build, and what finally made it stick?"

Worship & Centering

> *"Shout joyfully to the Lord, all the earth. Serve the Lord with jubilation; Come before Him with rejoicing."*
>
> ***Psalm 100:1-2***

Digging In

Day 1 — Praise and Worship

> *"Shout joyfully to the Lord, all the earth. Serve the Lord with jubilation; Come before Him with rejoicing."*
>
> ***Psalm 100:1-2***

From the devotional: Thank You, Father. Begin with a heart of gratitude, shouting joyfully and coming before the Lord with rejoicing in all you do.

Discuss:

- What is one specific thing about God's character or His work in your life that you can praise Him for today?
- How does beginning your day with praise change the way you face what comes next?

Day 2 — Discipleship

> *"But when the kindness of God our Savior and His love for mankind appeared, He saved us, not on the basis of deeds which we did in righteousness, but in accordance with His mercy, by the washing of regeneration and renewing by the Holy Spirit, whom He poured out upon us richly through Jesus Christ our Savior, so that being justified by His grace we would be made heirs according to the hope of eternal life."*
>
> ***Titus 3:4-7***

From the devotional: Praise You, Father, and all that You have done, are doing, and will do on our behalf through Jesus Christ and Your grace.

Discuss:

- What does it look like practically to "follow" Jesus in your specific circumstances this week?
- Who is someone further along in faith than you, and who could you help disciple?

Day 3 — Humility

> *"But as many as received Him, to them He gave the right to become children of God, even to those who believe in His name, who were born, not of blood nor of the will of the flesh nor of the will of man, but of God."*
>
> ***John 1:12-13***

From the devotional: A continuation of a further explanation of who we are in Christ — children of God, born not of human will but of God Himself.

Discuss:

- Where is God asking you to submit to His will rather than your own right now?
- What makes humility difficult for you personally?

Day 4 — Acknowledgment

> *"But if we walk in the Light as He Himself is in the Light, we have fellowship with one another, and the blood of Jesus His Son cleanses us from all sin."*
>
> ***1 John 1:7***

From the devotional: After our salvation and forgiveness from sin, God placed us in a church as a part of the body of Christ with others just like us, and now we fellowship together.

Discuss:

- What situation has God placed in front of you recently that you may have been slow to acknowledge?
- How can our group help you become more aware of where God is at work around you?

Day 5 — Acceptance

> *"Brethren, I do not regard myself as having laid hold of it yet; but one thing I do: forgetting what lies behind and reaching forward to what lies ahead, I press on toward the goal for the prize of the upward call of God in Christ Jesus."*
>
> ***Philippians 3:13-14***

From the devotional: Being refreshed, we rejoin with others as together we serve Christ by serving those He sends our way. Press on toward the goal.

Discuss:

- What is God calling you to accept — a call to serve, a person to care for, a truth about yourself?
- What keeps you from fully accepting what God is offering or asking?

Day 6 — Obedience

> *"For the word of the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God."*
>
> ***1 Corinthians 1:18***

From the devotional: A reminder of what worldly people is like, and that God has called us to them. The cross is our power and our message.

Discuss:

- What is one act of obedience God is asking of you this week, even if it's costly?
- Describe a time obedience to God led somewhere you didn't expect.

Day 7 — Identification

> *"And Jesus came up and spoke to them, saying, 'All authority has been given to Me in heaven and on earth. Go therefore and make disciples of all the nations, baptizing them in the name of the Father and the Son and the Holy Spirit, teaching them to observe all that I commanded you; and lo, I am with you always, even to the end of the age.'"*
>
> ***Matthew 28:18-20***

From the devotional: These verses are our "marching orders" — an assurance that when we go out and witness, Jesus will be with us, enabling us beyond our natural ability.

Discuss:

- Whose inner need has God brought to your attention lately?
- What is one concrete way you can serve that person this week?

Application Challenge

Choose one relationship where you've been relying on your own strength instead of God’s and pray specifically for humility there this week.

Closing Prayer Focus

Pray that the group would walk humbly before God and before one another as the study continues.

Leader Tip
Some participants may be new to journaling their quiet time — reassure them there's no wrong way to do it.

Week 10 · Led by the Spirit

Facilitator's Lesson Plan

Being led by the Spirit means trusting God's pace, even through tribulation.
Goal: Help participants see tribulation as a tool God uses to build perseverance and hope, not evidence of His absence.

Week at a Glance

Day	Aspect	Scripture
1	Praise and Worship	Psalm 73:26
2	Discipleship	Romans 5:1
3	Humility	Romans 5:2-5
4	Acknowledgment	Hebrews 5:2
5	Acceptance	Hebrews 5:8
6	Obedience	Hebrews 12:14
7	Identification	2 Corinthians 5:14-15

Opening

Ask if anyone experienced a specific answer to prayer this week.

Icebreaker: "Describe a hard season that, looking back, produced something good in you."

Worship & Centering

> *"My flesh and my heart may fail, But God is the strength of my heart and my portion forever."*
>
> ***Psalm 73:26***

Digging In

Day 1 — Praise and Worship

> *"My flesh and my heart may fail, But God is the strength of my heart and my portion forever."*
>
> ***Psalm 73:26***

From the devotional: Father, I praise you for whatever condition my health is in. You still fellowship with me and help me to have a humble mind that seeks ways to love your children.

Discuss:

- What is one specific thing about God's character or His work in your life that you can praise Him for today?
- How does beginning your day with praise change the way you face what comes next?

Day 2 — Discipleship

> *"Therefore, having been justified by faith, we have peace with God through our Lord Jesus Christ,"*
>
> ***Romans 5:1***

From the devotional: This peace, which only you can grant to your faithful followers, is present in my life and began the moment I received your forgiveness through Jesus Christ.

Discuss:

- What does it look like practically to "follow" Jesus in your specific circumstances this week?
- Who is someone further along in faith than you, and someone you could help disciple?

Day 3 — Humility

> *"through whom also we have obtained our introduction by faith into this grace in which we stand; and we exult in hope of the glory of God. And not only this, but we also exult in our tribulations, knowing that tribulation brings about perseverance; and perseverance, proven character; and proven character, hope; and hope does not disappoint, because the love of God has been poured out within our hearts through the Holy Spirit who was given to us."*
>
> ***Romans 5:2-5***

From the devotional: Consider: a lack of tribulations can contribute to laziness and self-indulgence. Tribulation produces perseverance, proven character, and hope — all gifts from God.

Discuss:

- Where is God asking you to submit to His will rather than your own right now?
- What makes humility difficult for you personally?

Day 4 — Acknowledgment

> *"he can deal gently with the ignorant and misguided, since he himself also is beset with weakness;"*
>
> ***Hebrews 5:2***

From the devotional: When we ask, we are forgiven in the name of Jesus, then we are called to serve others. Even when we are honored by being chosen to serve, we don't puff ourselves up but remain humble.

Discuss:

- What situation has God placed in front of you recently that you may have been slow to acknowledge?
- How can our group help you become more aware of where God is at work around you?

Day 5 — Acceptance

> *"Although He was a Son, He learned obedience from the things which He suffered."*
>
> ***Hebrews 5:8***

From the devotional: Another reference to suffering for God that leads to our obedience. Because we are filled with the Holy Spirit and seek to obey, we look to God for hope in overcoming whatever interferes with our obedience.

Discuss:

- What is God calling you to accept — a call to serve, a person to care for, a truth about yourself?
- What keeps you from fully accepting what God is offering or asking?

Day 6 — Obedience

> *"Pursue peace with all men, and the sanctification without which no one will see the Lord."*
>
> ***Hebrews 12:14***

From the devotional: Stay on God's paths as we humbly and peacefully serve and minister to the world. Pursue peace and holiness in all our dealings.

Discuss:

- What is one act of obedience God is asking of you this week, even if it's costly?
- Describe a time obedience to God led somewhere you didn't expect.

Day 7 — Identification

> *"For the love of Christ controls us, having concluded this, that one died for all, therefore all died; and He died for all, so that they who live might no longer live for themselves, but for Him who died and rose again on their behalf."*
>
> ***2 Corinthians 5:14-15***

From the devotional: This is our call to go and make disciples. We

no longer live for ourselves, but for Him who died and rose again on our behalf.

Discuss:

- Whose inner need has God brought to your attention lately?
- What is one concrete way you can serve that person this week?

Application Challenge

Identify one current difficulty and ask God this week to show you what He wants to build in you through it.

Closing Prayer Focus

Pray for perseverance and peace for anyone in the group currently walking through a hard season.

Leader Tip
Be sensitive — this week's theme may surface real pain. Make space for that without rushing to fix it.

Week 11 · Walking in Wisdom

Facilitator's Lesson Plan

Walking in wisdom means bringing our anxieties to God and trusting His peace to guard our hearts.
Goal: Equip participants with a practical rhythm for turning anxiety into prayer.

Week at a Glance

Day	Aspect	Scripture
1	Praise and Worship	2 Corinthians 1:3-4
2	Discipleship	2 Timothy 1:8
3	Humility	1 John 3:22
4	Acknowledgment	1 Corinthians 12:1
5	Acceptance	Philippians 4:6-7
6	Obedience	Philippians 4:5
7	Identification	Philippians 4:12

Opening

Invite the group to share what has been causing them anxiety lately, without judgment.

Icebreaker: "What's your go-to response when you're anxious — and does it usually help?"

Worship & Centering

> *"Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and God of all comfort, who comforts us in all our affliction so that we will be able to comfort those who are in any affliction with the comfort with which we ourselves are comforted by God."*
>
> ***2 Corinthians 1:3-4***

Digging In

Day 1 — Praise and Worship

> *"Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and God of all comfort, who comforts us in all our affliction so that we will be able to comfort those who are in any affliction with the comfort with which we ourselves are comforted by God."*
>
> ***2 Corinthians 1:3-4***

From the devotional: Father, you comfort me first because of your love, and second so I can point others to your comfort. The struggles become the greatest need in ministry.

Discuss:

- What is one specific thing about God's character or His work in your life that you can praise Him for today?
- How does beginning your day with praise change the way you face what comes next?

Day 2 — Discipleship

> *"Therefore do not be ashamed of the testimony of our Lord or of me His prisoner, but join with me in suffering for the gospel according to the power of God,"*
>
> ***2 Timothy 1:8***

From the devotional: Be vocal concerning the gospel and God's care — His peace and joy — and not worry about any opposition. Share the testimony boldly.

Discuss:

- What does it look like practically to "follow" Jesus in your specific circumstances this week?
- Who is someone further along in faith than you, and someone you could help disciple?

Day 3 — Humility

> *"and whatever we ask we receive from Him, because we keep His commandments and do the things that are pleasing in His sight."*
>
> ***1 John 3:22***

From the devotional: Father, this is my desire — to please you — so I ask for the power through the Holy Spirit to keep your commandments in place on my heart.

Discuss:

- Where is God asking you to submit to His will rather than your own right now?
- What makes humility difficult for you personally?

Day 4 — Acknowledgment

> *"Now concerning spiritual gifts, brethren, I do not want you to be unaware."*
>
> ***1 Corinthians 12:1***

From the devotional: God introduces us to spiritual gifts as we serve. He has given each believer at least one gift to be used for His glory and the building up of His church.

Discuss:

- What situation has God placed in front of you recently that you may have been slow to acknowledge?
- How can our group help you become more aware of where God is at work around you?

Day 5 — Acceptance

> *"Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all comprehension, will guard your hearts and your minds in Christ Jesus."*
>
> ***Philippians 4:6-7***

From the devotional: Even in anxiety about health or

circumstances, God continually shows He is in charge. Praise Him and seek the peace that surpasses all comprehension.

Discuss:

- What is God calling you to accept — a call to serve, a person to care for, a truth about yourself?
- What keeps you from fully accepting what God is offering or asking?

Day 6 — Obedience

> *"Let your gentle spirit be known to all men. The Lord is near."*
>
> ***Philippians 4:5***

From the devotional: Any gentle spirit that we have comes from God and God alone. Praise Him for allowing you to minister through a gentle spirit. The Lord is nearby.

Discuss:

- What is one act of obedience God is asking of you this week, even if it's costly?
- Describe a time obedience to God led somewhere you didn't expect.

Day 7 — Identification

> *"I know how to get along with humble means, and I also know how to live in prosperity; in any and every circumstance I have learned the secret of being filled and going hungry, both of having abundance and suffering need."*
>
> ***Philippians 4:12***

From the devotional: We must make decisions about how to allocate our resources and know when God wants us to use our personal resources and where they are to be used for His glory.

Discuss:

- Whose inner need has God brought to your attention lately?
- What is one concrete way you can serve that person this week?

Application Challenge

The next time you notice anxiety this week, pause and pray

Philippians 4:6-7 out loud before doing anything else.

Closing Prayer Focus

Pray specifically over the anxieties named earlier in the session.

Leader Tip
Keep a short list of what people share so you can follow up individually during the week.

Week 12 · Seeking God's Face

Facilitator's Lesson Plan

Seeking God's face is about resting in His grace rather than striving to earn His attention.
Goal: Help participants distinguish between striving for God's approval and resting in grace already given.

Week at a Glance

Day	Aspect	Scripture
1	Praise and Worship	Psalm 95:6-8
2	Discipleship	John 5:19
3	Humility	John 14:12-14
4	Acknowledgment	Isaiah 40:31
5	Acceptance	Ephesians 2:8-9
6	Obedience	2 Corinthians 12:9-10
7	Identification	1 Corinthians 2:9

Opening

Ask the group to share one place they've been striving instead of resting this month.

Icebreaker: "As a kid, did you ever work hard for approval you already had? What happened?"

Worship & Centering

> *"Come, let's worship and bow down. Let's kneel before the Lord, our maker, for he is our God. We are the people of his pasture, the sheep in his care. If only you would listen to his voice today! Do not be stubborn, as at Meribah, as on that day at Massah in the wilderness,"*
>
> ***Psalm 95:6-8***

Digging In

Day 1 — Praise and Worship

> *"Come, let's worship and bow down. Let's kneel before the Lord, our maker, for he is our God. We are the people of his pasture, the sheep in his care. If only you would listen to his voice today! Do not be stubborn, as at Meribah, as on that day at Massah in the wilderness,"*
>
> ***Psalm 95:6-8***

From the devotional: I am still praising you, Father, for the miracles you perform on my behalf daily so that I can continue to minister to your people. Resist the temptation to harden our hearts.

Discuss:

- What is one specific thing about God's character or His work in your life that you can praise Him for today?
- How does beginning your day with praise change the way you face what comes next?

Day 2 — Discipleship

> *"Therefore Jesus answered and was saying to them, 'Truly, truly, I say to you, the Son can do nothing of Himself, unless it is something He sees the Father doing; for whatever the Father does, these things the Son also does in like manner.'"*
>
> ***John 5:19***

From the devotional: Jesus shows us that by giving up self-reliance and letting our Father in Heaven empower us, we too can access, as God directs, what He did.

Discuss:

- What does it look like practically to "follow" Jesus in your specific circumstances this week?
- Who is someone further along in faith than you, and someone you could help disciple?

Day 3 — Humility

> *"Truly, truly, I say to you, the one who believes in Me, the works that I do, he will do also; and greater works than these he will do; because I am going to the Father. And whatever you ask in My name, this I will do, so that the Father may be glorified in the Son. If you ask Me anything in My name, I will do it."*
>
> ***John 14:12-14***

From the devotional: Father, I want to please you. Whatever we ask in the name of Jesus, believing in Him, will be done so that the Father may be glorified in the Son.

Discuss:

- Where is God asking you to submit to His will rather than your own right now?
- What makes humility difficult for you personally?

Day 4 — Acknowledgment

> *"But those who wait for the Lord will renew their strength; they will mount up with wings like eagles, they will run and not get tired, they will walk and not become weary."*
>
> ***Isaiah 40:31***

From the devotional: Father, with the help of your Holy Spirit, I can see your hand working at your pace. Those who wait upon the Lord will find their strength renewed.

Discuss:

- What situation has God placed in front of you recently that you may have been slow to acknowledge?
- How can our group help you become more aware of where God is at work around you?

Day 5 — Acceptance

> *"For by grace you have been saved through faith; and that not of yourselves, it is the gift of God; not as a result of works, so that no one may boast."*
>
> ***Ephesians 2:8-9***

From the devotional: He chose us because of His grace — His unmerited favor — not because of our works or service. Salvation is the gift of God alone. I praise you, Father.

Discuss:

- What is God calling you to accept — a call to serve, a person to care for, a truth about yourself?
- What keeps you from fully accepting what God is offering or asking?

Day 6 — Obedience

> *"And He has said to me, 'My grace is sufficient for you, for power is perfected in weakness.' Most gladly, therefore, I will rather boast about my weaknesses, so that the power of Christ may dwell in me. Therefore I am well content with weaknesses, with insults, with distresses, with persecutions, with difficulties, for Christ's sake; for when I am weak, then I am strong."*
>
> ***2 Corinthians 12:9-10***

From the devotional: Father, I want your will to be done in my life and actions. Power is perfected in weakness — when I am weak, then I am truly strong in Christ.

Discuss:

- What is one act of obedience God is asking of you this week, even if it's costly?
- Describe a time obedience to God led somewhere you didn't expect.

Day 7 — Identification

> *"But just as it is written, 'Things which eye has not seen and ear has not heard, And which have not entered the human heart, All that God has prepared for those who love Him.'"*
>
> ***1 Corinthians 2:9***

From the devotional: As God reveals Himself to us, along come great spiritual gifts from His vast treasure trove in heaven — things beyond what we can imagine or conceive.

Discuss:

- Whose inner need has God brought to your attention lately?
- What is one concrete way you can serve that person this week?

Application Challenge

Spend five unhurried minutes this week simply being still before God, with no agenda or request.

Closing Prayer Focus

Thank God together for grace that isn't earned and ask for rest for anyone who is striving.

Leader Tip
Resist the urge to fill every silence — this week's theme benefits from a slower pace in the room.

Week 13 · Cheerful Service

Facilitator's Lesson Plan

Cheerful service flows out of gratitude, doing everything in the name of the Lord Jesus.
Goal: Move participants from service as obligation to service as joyful response.

Week at a Glance

Day	Aspect	Scripture
1	Praise and Worship	Colossians 3:17
2	Discipleship	Colossians 3:17
3	Humility	Luke 1:37-38
4	Acknowledgment	John 21:6
5	Acceptance	Psalm 30:2
6	Obedience	Ezekiel 18:30-31
7	Identification	1 Thessalonians 5:11

Opening

Ask who has served someone this week without being asked, and what prompted it.

Icebreaker: "What's a task you actually enjoy doing for other people?"

Worship & Centering

> *"Whatever you do in word or deed, do everything in the name of the Lord Jesus, giving thanks through Him to God the Father."*
>
> ***Colossians 3:17***

Digging In

Day 1 — Praise and Worship

> *"Whatever you do in word or deed, do everything in the name of the Lord Jesus, giving thanks through Him to God the Father."*
>
> ***Colossians 3:17***

From the devotional: This is my desire and goal, set with your help for each day when I rise — to do everything in the name of the Lord Jesus with a thankful heart.

Discuss:

- What is one specific thing about God's character or His work in your life that you can praise Him for today?
- How does beginning your day with praise change the way you face what comes next?

Day 2 — Discipleship

> *"Whatever you do in word or deed, do everything in the name of the Lord Jesus, giving thanks through Him to God the Father."*
>
> ***Colossians 3:17***

From the devotional: I am repeating this same verse as it is my prayer for today also. Let every word and deed reflect the name and character of Jesus Christ.

Discuss:

- What does it look like practically to "follow" Jesus in your specific circumstances this week?
- Who is someone further along in faith than you, and someone you could help disciple?

Day 3 — Humility

> *"For nothing will be impossible with God. And Mary said, 'Behold, the bondslave of the Lord; may it be done to me according to your word.' And the angel departed from her."*
>
> ***Luke 1:37-38***

From the devotional: We want to rightly apply this to everything

God asks of us — that is appropriate because there is nothing too hard for God. May it be done according to His word.

Discuss:

- Where is God asking you to submit to His will rather than your own right now?
- What makes humility difficult for you personally?

Day 4 — Acknowledgment

> *"And He said to them, 'Cast the net on the right-hand side of the boat, and you will find a catch.' So they cast, and then they were not able to haul it in because of the great number of fish."*
>
> ***John 21:6***

From the devotional: Jesus directs our activities, and when we obey, sometimes we will experience one of His miracles. He operates the same today as He did with Peter.

Discuss:

- What situation has God placed in front of you recently that you may have been slow to acknowledge?
- How can our group help you become more aware of where God is at work around you?

Day 5 — Acceptance

> *"O Lord my God, I cried to You for help, and You healed me."*
>
> ***Psalm 30:2***

From the devotional: There have been occasions when we experience physical and spiritual healing that could only come from God our Father. He hears our cries and responds.

Discuss:

- What is God calling you to accept — a call to serve, a person to care for, a truth about yourself?
- What keeps you from fully accepting what God is offering or asking?

Day 6 — Obedience

> *"Therefore I will judge you, O house of Israel, each according to his conduct," declares the Lord God. "Repent and turn away from all your offenses, so that sin may not become a stumbling block to you."*
>
> ***Ezekiel 18:30-31***

From the devotional: Repentance leads to freedom. Turn away from all offenses so that sin does not become a stumbling block to our walk with God and ministry to others.

Discuss:

- What is one act of obedience God is asking of you this week, even if it's costly?
- Describe a time obedience to God led somewhere you didn't expect.

Day 7 — Identification

> *"Therefore encourage one another and build up one another, just as you also are doing."*
>
> ***1 Thessalonians 5:11***

From the devotional: Our mission is not just to go out to the lost and hurting but also to work as a team, building up one another in Christ, and then going out together.

Discuss:

- Whose inner need has God brought to your attention lately?
- What is one concrete way you can serve that person this week?

Application Challenge

Find one act of service this week that you can do cheerfully and without recognition.

Closing Prayer Focus

Pray that service would flow from joy in the group, not guilt or pressure.

Leader Tip
Watch for participants who equate busyness with faithfulness — gently redirect toward cheerful, Spirit-led service.

Week 14 · Renewed Strength

Facilitator's Lesson Plan

God renews the strength of those who wait for Him, even in weakness and affliction.
Goal: Encourage participants who feel depleted that renewal is God's promise, not something they must produce.

Week at a Glance

Day	Aspect	Scripture
1	Praise and Worship	Psalm 95:3
2	Discipleship	John 7:38
3	Humility	2 Corinthians 1:3-4
4	Acknowledgment	James 3:9-10
5	Acceptance	Joshua 1:7
6	Obedience	Isaiah 58:8-9
7	Identification	Isaiah 58:7

Opening

Check in on physical and emotional energy levels — who is running on empty this week?

Icebreaker: "What normally restores your energy when you're worn out?"

Worship & Centering

> *"For the Lord is a great God, and a great King above all gods. Oh come, let us worship and bow down; let us kneel before the Lord, our Maker. For He is our God, and we are the people of His pasture, and the sheep of His hand."*
>
> ***Psalm 95:3***

Digging In

Day 1 — Praise and Worship

> *"For the Lord is a great God, and a great King above all gods. Oh come, let us worship and bow down; let us kneel before the Lord, our Maker. For He is our God, and we are the people of His pasture, and the sheep of His hand."*
>
> ***Psalm 95:3***

From the devotional: I am humbled that God continues to allow me to serve Him by discipling others, revealing the meaning of many scriptures and placing them in my heart.

Discuss:

- What is one specific thing about God's character or His work in your life that you can praise Him for today?
- How does beginning your day with praise change the way you face what comes next?

Day 2 — Discipleship

> *"The one who believes in Me, as the Scripture said, 'From his innermost being will flow rivers of living water.'"*
>
> ***John 7:38***

From the devotional: As born-again Christians, filled by the Holy Spirit, as we serve Christ through worship and obedience, He grants understanding and wisdom that flows naturally to others.

Discuss:

- What does it look like practically to "follow" Jesus in your specific circumstances this week?
- Who is someone further along in faith than you, and someone you could help disciple?

Day 3 — Humility

> *"Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and God of all comfort, who comforts us in all our affliction so that we will be able to comfort those who are in any affliction with the comfort with which we ourselves are comforted by God."*
>
> ***2 Corinthians 1:3-4***

From the devotional: The many visits to doctors, difficulties, and afflictions have a greater purpose — God allows us to pray for others and comfort them with the comfort we ourselves have received.

Discuss:

- Where is God asking you to submit to His will rather than your own right now?
- What makes humility difficult for you personally?

Day 4 — Acknowledgment

> *"With it [the tongue] we bless our Lord and Father, and with it we curse men, who have been made in the likeness of God; from the same mouth come both blessing and cursing. My brethren, these things ought not to be this way."*
>
> ***James 3:9-10***

From the devotional: In our daily walk, we meet people with untamed tongues that need God's healing. Let's encourage them to trust God and guard what we say.

Discuss:

- What situation has God placed in front of you recently that you may have been slow to acknowledge?
- How can our group help you become more aware of where God is at work around you?

Day 5 — Acceptance

> *"Only be strong and very courageous; be careful to do according to all the Law which Moses My servant commanded you; do not turn from it to the right or to the left, so that you may have success wherever you go."*
>
> ***Joshua 1:7***

From the devotional: This week's emphasis is based on our continued obedience to God and His willingness to bless us so that we can serve Him joyfully, with courage.

Discuss:

- What is God calling you to accept — a call to serve, a person to care for, a truth about yourself?
- What keeps you from fully accepting what God is offering or asking?

Day 6 — Obedience

> *"Then your light will break out like the dawn, and your recovery will speedily spring forth; and your righteousness will go before you; the glory of the Lord will be your rear guard. Then you will call, and the Lord will answer; you will cry, and He will say, 'Here I am.' If you remove the yoke from your midst, the pointing of the finger and speaking wickedness."*
>
> ***Isaiah 58:8-9***

From the devotional: God promises to restore when His people come back to Him. He will be our light, our rear guard, and will answer when we call.

Discuss:

- What is one act of obedience God is asking of you this week, even if it's costly?
- Describe a time obedience to God led somewhere you didn't expect.

Day 7 — Identification

> *“Is it not to divide your bread with the hungry and bring the homeless poor into the house; when you see the naked, to cover him; and not to hide yourself from your own flesh?”*
>
> ***Isaiah 58:7***

From the devotional: We can not only see the plight of others less fortunate but respond by helping them until they can return to the Lord and be restored.

Discuss:

- Whose inner need has God brought to your attention lately?
- What is one concrete way you can serve that person this week?

Application Challenge

Identify one place you've been trying to push through in your own strength and hand it to God this week.

Closing Prayer Focus

Pray for renewed strength for anyone who named exhaustion or weariness tonight.

Leader Tip
This is a good week to simply listen. Don't feel pressure to solve people's tiredness — point them to God's promise instead.

Week 15 · Things Above

Facilitator's Lesson Plan

We are seated with Christ and created for good works — our identity is settled before our activity begins.
Goal: Ground participants' sense of worth in what God has already done, not in performance.

Week at a Glance

Day	Aspect	Scripture
1	Praise and Worship	Psalm 145:8
2	Discipleship	Lamentations 3:22-25
3	Humility	Exodus 19:5-6
4	Acknowledgment	Isaiah 49:10
5	Acceptance	Ephesians 2:4-6
6	Obedience	Ephesians 2:8-9
7	Identification	Ephesians 2:10

Opening

Ask the group where they tend to look for their sense of worth.

Icebreaker: "What's something you're good at that has nothing to do with work or achievement?"

Worship & Centering

> *"The Lord is gracious and merciful; slow to anger and great in lovingkindness."*
>
> ***Psalm 145:8***

Digging In

Day 1 — Praise and Worship

> *"The Lord is gracious and merciful; slow to anger and great in lovingkindness."*
>
> ***Psalm 145:8***

From the devotional: Father, I praise You, for only You have continued to love mankind these many thousands of years and continue to reach out to us in grace and mercy.

Discuss:

- What is one specific thing about God's character or His work in your life that you can praise Him for today?
- How does beginning your day with praise change the way you face what comes next?

Day 2 — Discipleship

> *"The Lord's lovingkindnesses indeed never cease, for His compassions never fail. They are new every morning; great is Your faithfulness. 'The Lord is my portion,' says my soul, 'Therefore I have hope in Him.' The Lord is good to those who wait for Him, to the person who seeks Him."*
>
> ***Lamentations 3:22-25***

From the devotional: Even in despair, remember God's love, grace, and mercy given as a gift. His compassions are new every morning — great is His faithfulness.

Discuss:

- What does it look like practically to "follow" Jesus in your specific circumstances this week?
- Who is someone further along in faith than you, and who could you help disciple?

Day 3 — Humility

> *"Now then, if you will indeed obey My voice and keep My covenant, then you shall be My own possession among all the peoples, for all the earth is Mine; and you shall be to Me a kingdom of priests and a holy nation.' These are the words that you shall speak to the sons of Israel."*
>
> ***Exodus 19:5-6***

From the devotional: Spoken to the Israelites, it now also applies to us, as He has adopted and grafted us into His kingdom. We are His own possession, a kingdom of priests.

Discuss:

- Where is God asking you to submit to His will rather than your own right now?
- What makes humility difficult for you personally?

Day 4 — Acknowledgment

> *"They will not hunger or thirst, nor will the scorching heat or sun strike them down; for He who has compassion on them will lead them and will guide them to springs of water."*
>
> ***Isaiah 49:10***

From the devotional: Father, I praise You for Your great compassion upon myself and those who serve You. He who has compassion will lead and guide us.

Discuss:

- What situation has God placed in front of you recently that you may have been slow to acknowledge?
- How can our group help you become more aware of where God is at work around you?

Day 5 — Acceptance

> *"But God, being rich in mercy, because of His great love with which He loved us, even when we were dead in our wrongdoings, made us alive together with Christ (by grace you have been saved), and raised us up with Him, and seated us with Him in the heavenly places in Christ Jesus."*
>
> ***Ephesians 2:4-6***

From the devotional: Even when we were dead in our wrongdoings, God made us alive together with Christ by grace. We are raised up and seated with Him in heavenly places.

Discuss:

- What is God calling you to accept — a call to serve, a person to care for, a truth about yourself?
- What keeps you from fully accepting what God is offering or asking?

Day 6 — Obedience

> *"For by grace you have been saved through faith; and this is not of yourselves, it is the gift of God; not a result of works, so that no one may boast."*
>
> ***Ephesians 2:8-9***

From the devotional: Right after being saved, God pointed out it wasn't because of any good thing done — not works, not service. Salvation is His gift alone, so no one may boast.

Discuss:

- What is one act of obedience God is asking of you this week, even if it's costly?
- Describe a time obedience to God led somewhere you didn't expect.

Day 7 — Identification

> *“For we are His workmanship, created in Christ Jesus for good works, which God prepared beforehand so that we would walk in them.”*
>
> ***Ephesians 2:10***

From the devotional: Father, I feel so very blessed because You are forming Christ in me by the power of Your Holy Spirit, helping me understand the needs of those to whom You send me.

Discuss:

- Whose inner need has God brought to your attention lately?
- What is one concrete way you can serve that person this week?

Application Challenge

This week, do one “good work” simply because God prepared it for you — not to prove anything to anyone.

Closing Prayer Focus

Thank God for the finished work of grace and pray that identity in Christ would settle deeper in each heart.

Leader Tip
Watch for comparison creeping into the discussion — keep the focus on each person's own walk with God.

Week 16 · Full Circle

Facilitator's Lesson Plan

Full Circle — looking back over eight weeks of fellowship and forward to a life that keeps walking this path.
Goal: Help participants name what has changed in them and commit to a next step beyond this study.

Week at a Glance

Day	Aspect	Scripture
1	Praise and Worship	2 Samuel 22:26-27
2	Discipleship	Jeremiah 17:7
3	Humility	Luke 2:14
4	Acknowledgment	Psalm 36:10
5	Acceptance	Proverbs 1:7
6	Obedience	Luke 15:22
7	Identification	Hebrews 13:5

Opening

Give extra time this week for people to reflect out loud on the whole eight-week journey.

Icebreaker: "What's one specific way your daily quiet time habit is different now than eight weeks ago?"

Worship & Centering

> *"With the faithful, You prove Yourself faithful; with the blameless, You prove Yourself blameless; with the pure, You prove Yourself pure, but with the crooked, You prove Yourself shrewd."*
>
> ***2 Samuel 22:26-27***

Digging In

Day 1 — Praise and Worship

> *"With the faithful, You prove Yourself faithful; with the blameless, You prove Yourself blameless; with the pure, You prove Yourself pure, but with the crooked, You prove Yourself shrewd."*
>
> ***2 Samuel 22:26-27***

From the devotional: Written by David when running from Saul — just as they were true then, our God remains faithful to us today. His character is revealed in how He deals with us.

Discuss:

- What is one specific thing about God's character or His work in your life that you can praise Him for today?
- How does beginning your day with praise change the way you face what comes next?

Day 2 — Discipleship

> *"Blessed is the person who trusts in the Lord and whose trust is the Lord."*
>
> ***Jeremiah 17:7***

From the devotional: I do feel blessed and am placing my hope and confidence in You, Lord. The one who trusts in God and makes God their trust will be blessed.

Discuss:

- What does it look like practically to "follow" Jesus in your specific circumstances this week?
- Who is someone further along in faith than you, and someone you could help disciple?

Day 3 — Humility

> *"Glory to God in the highest, and on earth peace among people with whom He is pleased."*
>
> ***Luke 2:14***

From the devotional: It is very easy to get focused on daily demands, planning, and doing, that we don't stop to enjoy the peace and joy that God has granted to us. Now I am relaxing in His presence.

Discuss:

- Where is God asking you to submit to His will rather than your own right now?
- What makes humility difficult for you personally?

Day 4 — Acknowledgment

> *"Extend Your faithful love to those who know You, and Your righteousness to the upright in heart."*
>
> ***Psalm 36:10***

From the devotional: During an average week, God grants us loving relationships with people. Realize how important each person is to our continued ministries for the Lord.

Discuss:

- What situation has God placed in front of you recently that you may have been slow to acknowledge?
- How can our group help you become more aware of where God is at work around you?

Day 5 — Acceptance

> *"The fear of the Lord is the beginning of knowledge; fools despise wisdom and discipline."*
>
> ***Proverbs 1:7***

From the devotional: Fear here means reverence — bowing in awe at His greatness, humbly listening to His instructions, obeying each command, and enjoying the peace and fulfillment only He can grant.

Discuss:

- What is God calling you to accept — a call to serve, a person to care for, a truth about yourself?
- What keeps you from fully accepting what God is offering or asking?

Day 6 — Obedience

> *"But the father said to his slaves, 'Quickly bring out the best robe and put it on him, and put a ring on his hand and sandals on his feet.'"*
>
> ***Luke 15:22***

From the devotional: My desire is to obey God and not turn to my own ways. However, when I do fail and repent, God is always there to take me back into His love — just like the father of the prodigal son.

Discuss:

- What is one act of obedience God is asking of you this week, even if it's costly?
- Describe a time obedience to God led somewhere you didn't expect.

Day 7 — Identification

> *"Make sure that your character is free from the love of money, being content with what you have; for He Himself has said, 'I will never desert you, nor will I ever abandon you.'"*
>
> ***Hebrews 13:5***

From the devotional: A good verse that encourages us and we can use to encourage others. He will never desert us, never abandon us — we are content in Him.

Discuss:

- Whose inner need has God brought to your attention lately?
- What is one concrete way you can serve that person this week?

Application Challenge

Write down one practice from this study you want to keep, and one person you want to invite into it with you.

Closing Prayer Focus

Close the study in a longer time of thanksgiving, naming

specific things God has done in the group over eight weeks.

Leader Tip
Consider planning a simple celebration for this final session — completion deserves to be marked.